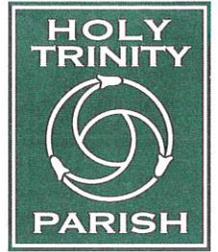


# PARISH LIFE

A Weekly Publication for Parishioners & Friends of Holy Trinity Parish



## MASS SCHEDULE

SATURDAY VIGIL MASS 5:30 PM  
IN CHURCH

SUNDAY MASS  
IN CHURCH 7:30 AM  
IN CHURCH & LIVE STREAM 9:00 AM  
IN CHURCH 11:00 AM

MONDAY – FRIDAY MASS 8:15 AM  
IN CHURCH & LIVE STREAM

SACRAMENT OF PENANCE  
SATURDAY 4:30–5:15 PM OR BY APPOINTMENT

ADORATION OF THE BLESSED SACRAMENT  
EVERY THURSDAY 9:00 AM–5:00 PM

Fr. Lawrence J. Beck\*  
Pastor

Fr. Pepin Dandou\*  
Parochial Vicar

Dan Haverly\*  
Jim Hopp\*  
Deacons

Jeremy Youngers\*  
Parish Life Director

Susie Calise  
School Ministry Bookkeeper

Gary Coan  
Facilities Manager

Alex Liaty  
Administrative Assistant

Diane Marshall  
Parish Bookkeeper

Lori Mueller  
Ministry Outreach Coordinator

Cynthia Mulcaire\*  
Director of Faith Formation

Denise Remick\*  
School Ministry Principal

Rob Sabino  
Director of Music Ministries

\* Member of Senior Leadership Team

## OUR PURPOSE:

To proclaim the Gospel so that all will be one in Christ for the glory of God.

## OUR VISION:

Holy Trinity Parish is a Catholic community forming missionary disciples who live as stewards committed to hospitality, prayer, formation and service.

## March 20, 2022 • Third Sunday of Lent

Please read our bulletin and visit our website for updated information:  
[www.holytrinityparish.org](http://www.holytrinityparish.org)

- Church hours: Sundays 7:30 AM-4:00 PM; Monday-Saturday 8:00 AM-4:00 PM
- Parish Office hours: Monday-Friday 8:45 AM-4:00 PM

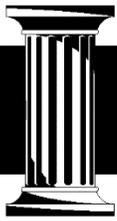
### Upcoming Events:

- Mar. 20 Youth Group March Madness 6:00 PM
- Mar. 25 Stations of the Cross 6:00 PM
- Mar. 27 Giving Garden Blessing Bags distributed after 11:00 AM Mass
- Apr. 2 Parish Clean Up Day
- Apr. 3 Fr. Pepin's 25<sup>th</sup> Anniversary of Ordination reception – View room
- Apr. 3 or St. Perpetua Confirmation group combined session
- Apr. 7
- Apr. 5 Lenten Penance Service 7:00 PM
- Apr. 10 Hospitality Breakfast
- Apr. 16 Easter Vigil Mass 8:00 PM
- Apr. 17 Easter Masses: 7:30 AM, 9:00 AM, 11:00 AM (outdoors)
- May 19 or St. Robert Confirmation group combined session
- May 22
- May 22 Baccalaureate Mass 11:00 AM
- Jun. 4 & 11 Alpha Marriage Course 8:00 AM – 5:00 PM

Holy Trinity Parish • 3111 Tierra de Dios Drive • El Dorado Hills, CA 95762-8008

email: [holytrinity@holytrinityparish.org](mailto:holytrinity@holytrinityparish.org) • web: [holytrinityparish.org](http://holytrinityparish.org)

phone: (530) 677-3234 • fax: (530) 350-4080 • For emergencies, call (530) 677-3234, press 6



## HOSPITALITY

*Acting as Christ the Shepherd, a parish committed to stewardship is a true community of faith that welcomes, honors, and involves every person in the life and work of the Church, acknowledging the blessing of our richly different backgrounds and experiences.*

### Adoration Ministry

On **Sunday, March 27**, members of the Adoration Ministry will be assisting our Donut Ministry after Sunday morning Masses. Please stop by and learn more about this vital ministry. For more information, please contact Loretta Allsup at [lorettaallsup@mac.com](mailto:lorettaallsup@mac.com).

### Campus Gates

Vehicle gates are being installed around campus. This is a necessary project for life-safety and protection of our property. We will NOT begin to use the new gates until after Easter. The basketball area will continue to be closed off as it has been in the past. In coming weeks, we will have a site map with the location of each gate specified along with the times that each will be closed. Please check the bulletin for updates as this project continues.

### Fr. Pepin's 25<sup>th</sup> Anniversary of Ordination

Let's celebrate and give thanks to Fr. Pepin for answering the call to serve God's Holy people on **Sunday, April 3**, after all the morning Masses in the View Room. If you wish to assist with Fr.'s wonderful celebration, please contact one of the following individuals:

Karen Scruby: [kscruby@pensteingroup.com](mailto:kscruby@pensteingroup.com)

Loretta Steichen: [lmsteichen@gmail.com](mailto:lmsteichen@gmail.com)

Viki Uribe: [vluribe@outlook.com](mailto:vluribe@outlook.com)

### New Cubmaster Needed!

Cub Scout Pack 193 (Holy Trinity sponsored) is looking for a new Cubmaster! This person works with the scouting committee to help facilitate activities and plans/runs monthly Pack meetings for boys ranging from Kinder through 5th grade. Online and in person training is available, no Scouting experience is required, but is a bonus. For more information, please contact Jason Watson 916-293-1429 or [jatwatson@yahoo.com](mailto:jatwatson@yahoo.com).

### Holy Trinity School Ministry



On the day before Lent, Deacon Hopp had a palm burning ceremony with the school children, showing them how the palms from last year are used to create the ashes for this year's Ash Wednesday Masses.

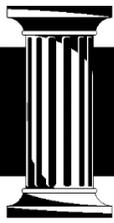
Holy Trinity School Ministry offers a strong academic education infused with Catholic values. For more information and/or a private tour, please contact Mrs. O'Connell, the Admissions Director, at (530) 677-3591.

### Save the Date

On Saturday, **April 2**, we are having a Parish wide Clean Up Day. With Spring upon us, it's time to trim, sweep and clean our beautiful campus on the hill. Please continue checking the bulletin for details.

### Thank you to our Bulletin Sponsors

Please support our Bulletin patrons who so generously sponsor our weekly Parish Life bulletin. Most are fellow parishioners and they really appreciate your patronage; now, more than ever! Let them know you found them on the back cover of our bulletin. We thank them for making this vital means of communication possible. Thank you! If you would like more information on advertising in our bulletin, please call: 916-247-6279 or email: [cbco@cbco.net](mailto:cbco@cbco.net).



# PRAYER

*Acting as Christ the Priest, a parish committed to stewardship strives to nourish each person through prayer, strengthening our relationship with the Father, Son, and Holy Spirit and focusing on the Eucharist, the "source and summit of the Christian Life."*

## Lenten Penance Service

There will be a Lenten Communal Penance Service on Tuesday, **April 5, 2022** at 7:00 PM. There will be several priests available for individual confessions. We encourage all parishioners to plan to attend to receive the gift of reconciliation from this Sacrament as part of your preparation for the coming Holy Week and Easter Season.

## Returning to In-person Offertory

### Collections

Holy Trinity will return to "passing the basket" for the Offertory and all special collections beginning on Palm Sunday. Based on the relaxation of restrictions regarding the possible spread of Covid-19, we believe it is safe to return to our pre-pandemic practice. Your Offerings will process to the altar along with our gifts of bread and wine to be presented at the Offertory.

## Partners in Faith

How do you share your Faith when there's nobody to share it with?

Well, Holy Trinity has a ministry for those of us who would like to have someone to share their Faith with. It is called Partners in Faith. This is an opportunity to learn, share discuss or just listen with others who want to enrich their Faith life but don't have someone to do that with.

We meet every other Tuesday morning at 9:00 AM in the Youth Room. Come check out this group to see if it may be what you have been looking for to deepen your Faith and strengthen your relationship with Jesus. As we are in the Lenten season, this may be a good time to repent/re-think how you are living your Faith. Our next two meetings are Tuesday, **March 22 and April 5** at 9:00 AM in the Youth Room. For more information, contact Barbara Edgar at 916-939-3964 or [barbedgar@aol.com](mailto:barbedgar@aol.com) or Deacon Dan at 916-517-6558 or [dthaverty@aol.com](mailto:dthaverty@aol.com).

## MASS INTENTIONS

### Monday, Mar. 21

8:15 AM Lamar Culpepper, deceased, by Cleo Michalowski

### Tuesday, Mar. 22

8:15 AM Mary Clair Thomas, special intention, by Mary Beth Boumann

### Wednesday, Mar. 23

8:15 AM Gene Murphy, deceased, by Cleo Michalowski

### Thursday, Mar. 24

8:15 AM Jim Brand, deceased, by Joan Houston

### Friday, Mar. 25

8:15 AM Brian Slattery, deceased, by Masterson family

### Saturday, Mar. 26

5:30 PM Esperanza Lipardo, deceased, by Rose Guerrero

### Sunday, Mar. 27

7:30 AM Antonio Aquino, deceased, by Vince Pantalone

9:00 AM Bert Reyes, deceased, by Shauger family

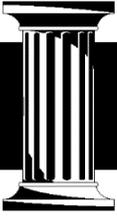
11:00 AM Parishioners of Holy Trinity

### *For DAILY READINGS*

*Please visit us @ [holytrinityparish.org](http://holytrinityparish.org) or [www.usccb.org/bible/readings/032022.cfm](http://www.usccb.org/bible/readings/032022.cfm)*

## Adoration of the Blessed Sacrament

Holy Trinity Parish has **weekly** Adoration of the Blessed Sacrament from 9:00 AM – 5:00 PM every Thursday. Whether you only have 15 minutes or an hour, everyone is welcome!!! If you would like to sign up for the Adoration mailing list, please contact Loretta Allsup: 408-966-9424 or [lorettaallsup@mac.com](mailto:lorettaallsup@mac.com).



## FORMATION

*Acting as Christ the Teacher, a parish committed to stewardship emphasizes, through evangelization and catechesis, the development of households of faith, where our Catholic story as the Body of Christ is lived and shared with one another.*

### Questions for Faith Sharing March 27

#### Fourth Sunday of Lent

In next week's Gospel, Luke 15:1-3, 11-32, we hear the familiar story of "the prodigal son". People often want their just rewards and so often identify with the older son. Jesus tells this parable, however, to illustrate the depth of his Father's love and forgiveness. When we act like the younger brother and with selfish motives return home, God will run toward us, gushing with love because we headed in the right direction. We often enthrone God on altars when he is more likely to be found out in the dark, trying to save his lost children.

#### Reflection for families:

- In what ways can you join in seeking out and saving the lost in your daily life?

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#### Pick of the Week:

On the home page of Formed.org, you will find a new content during the Lenten Season. On the top menu bar there is a purple button on the left side of the screen entitled, "Lent." Upon clicking, you will be presented with a variety of Lenten resources including *Living Lent as a Family*, *Brother Francis*, *Seven Sorrows of the Blessed Virgin Mary*, various meditations on the *Stations of the Cross*, *Forgiven/Confession*, the *Triduum*, and more!

To sign up, go to: <https://daily.formed.org>

To learn more: [www.holytrinityparish.org/formed](http://www.holytrinityparish.org/formed)

### Confirmation Groups Update

[confirmation@holytrinityparish.org](mailto:confirmation@holytrinityparish.org)

[lmacys@holytrinityparish.org](mailto:lmacys@holytrinityparish.org)

St. Perpetua Group:

- Great to see everyone at our Combined Session last week! Our next session is for candidates ONLY: Service Reflection Session on Sunday, April 3 (12:30-2:00 PM) OR Thursday, April 7, (6:30-8:00 PM) in the Holy Trinity Social Center. The link to sign up will be emailed to you.
- If you attended Fired Up! online, please submit your Fired Up! Worksheet to the Faith Formation Office as soon as possible. The recorded session link has been emailed to you and is available until Easter Sunday.

St. Robert Bellarmine Group:

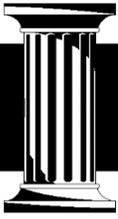
- Your next event is a Parent Meeting for parents only on May 19 OR 22. More information will be emailed to you.
- Your Saint Letter and Saint Project are due on April 22. Submit them to the Faith Formation Office. Email us with any questions at the address listed below.
- If you have a student who would like to prepare for the Sacrament of Confirmation, please contact Linda Macys: [LMacys@holytrinityparish.org](mailto:LMacys@holytrinityparish.org) or by phone: 530-677-3234, option 5.

### Women's Prayer Group

Come and join us for prayer, reflection, contemplation and sharing. We meet the first Thursday of every month. 11:00 AM -12:30 PM in the View room. The next meeting is **April 7**. For information contact: Valerie Enright/Ellen Miller: [valerie.enright@yahoo.com](mailto:valerie.enright@yahoo.com)

### Stations of the Cross

Stations of the Cross will be held every Friday through Lent at 6:00 PM in the church.



## SERVICE

*Putting into action our commission as Christ the Shepherd, Priest, and Teacher, a parish committed to stewardship serves the many needs of its own parish family, as well as the needs of the larger community and the world.*

### Stewardship...

“...He said to the gardener, ‘For three years now I have come in search of fruit on this fig tree but have found none.’” (Luke 13:7)

We can all be like the barren fig tree at times. Do you cling to what you have or do you generously share with others? How will you respond when God asks you what you have done with all the gifts He has given you? Remember, not only are we called to be generous, we are called to develop and nurture our gifts, and return them with increase. Remember, we are called to be generous with all of gifts; especially the one that means the most to you.

### Consider making your gift electronically:

Sign up for EFT [www.holytrinityparish.org/donate](http://www.holytrinityparish.org/donate)

### Vacation Bible School

VBS stands for Vacation Bible School. It is a week-long (Monday-Friday, 9:00 AM–12:00 PM) summer program that helps children grow closer to God. Children (pre K- 5) rotate through 5 stations with teen and pre-teen helpers. Each station has teen helpers. **We need dedicated adults to volunteer to lead each of the 5 stations from 9:30 AM – 12:00 PM, Monday, June 13-Friday, June 17.**

If you cannot commit to that time, we also need behind the scenes help! We need volunteers to create the groups, organize who is doing what job, delegate tasks, make, laminate and fill out name tags, laminate posters, and decorate the school to turn it into our Monumental theme, "Celebrating God's Monumental Greatness!" If you are interested in being involved, contact Amy Hagens: [htpvbs@gmail.com](mailto:htpvbs@gmail.com) / 916-934-6909.

### Save the Date

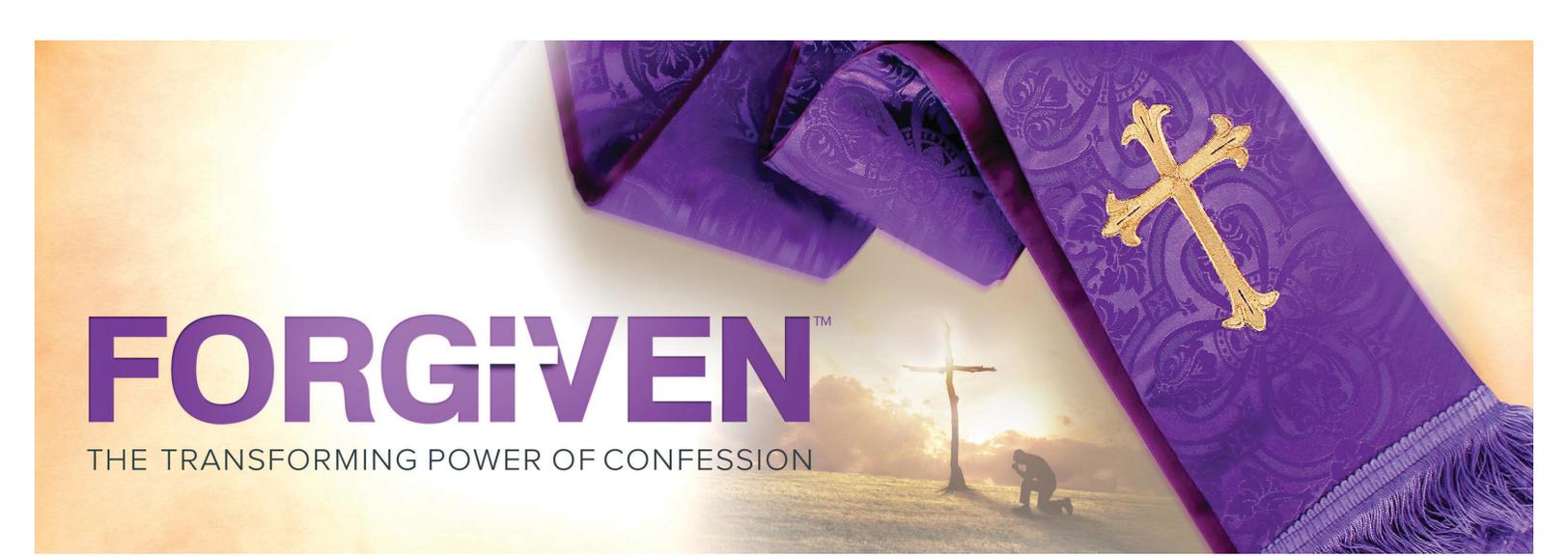
On Saturdays **June 4 and 11**, our Marriage ministry is hosting the Alpha Marriage Course. This free course helps couples communicate more effectively, resolve conflict and much more. Childcare, continental breakfast and lunch will be provided. Please watch the bulletin for more details.

### Giving Garden-Homeless Care Bag Project

The Homeless Care bags will be available the last Sunday of the month. This is an opportunity for Holy Trinity Parish to help those in need by providing a few basic necessities. We are asking for donations of personal items such as: socks, Sani-wipes, hand sanitizer, toothbrush/paste, and feminine hygiene products. We are also accepting nonperishable items such as: protein bars, etc. Bags will be put together for the homeless and will be made available for our parishioners to have on hand and to distribute when they encounter a person without shelter. These bags will be available in the Narthex **after the 11:00 AM Mass the last Sunday of every month (March 27 is the next one)**. For more information: Amanda at 408-442-6617 or Deacon Dan at 916-517-6558. Thank you for your kindness and generosity!

### Caregiver Support Group

The Caregiver Support Group is designed to help all those who care or have cared for others find spiritual rest and refreshment. It is an opportunity to share your experiences and wisdom with one another in a caring environment. Join the Health Education Ministry's Caregivers Support Group the 2<sup>nd</sup> Wednesday of each month. The next one is Wednesday, **April 13**, 10:30 AM – Noon in Room 1A/1B. For more information contact Ellen Miller: 916-805-5922.



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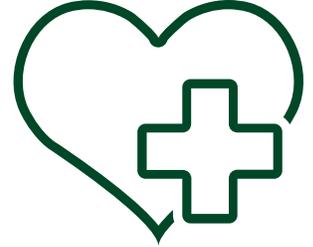
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# HEALTHCARE CORNER

Brought to you by the Health Education Ministry



## “Though my flesh and my heart fail, God is the rock of my heart, my portion forever.” Psalms 73:26

‘Happy Spring from your Health Education Ministry!

In the spirit of National Dentist’s Day (March 6th), we wanted to do a brief blurb about the benefits of good oral health – and if this is an area you’ve been neglecting, let this be the sign you needed to begin taking oral care seriously!

### What's the connection between oral health and overall health?

Like other areas of the body, your mouth teems with bacteria — mostly harmless, but some of these bacteria can cause disease.

Normally the body's natural defenses and daily brushing and flossing, keep bacteria under control. However, without proper oral hygiene, bacteria can reach levels that might lead to oral infections, such as tooth decay and gum disease.

### What's the connection between oral health and overall health?

Your oral health might contribute to various diseases and conditions, including:

- Endocarditis. This infection of the inner lining of your heart chambers or valves (endocardium) typically occurs when bacteria or other germs from another part of your body, such as your mouth, spread through your bloodstream and attach to certain areas in your heart.
- Cardiovascular disease. Although the connection is not fully understood, some research suggests that heart disease, clogged arteries and stroke might be linked to the inflammation and infections that oral bacteria can cause.
- Pregnancy and birth complications. Periodontitis has been linked to premature birth and low birth weight.
- Pneumonia. Certain bacteria in your mouth can be pulled into your lungs, causing pneumonia and other respiratory diseases.

### How can I protect my oral health?

To protect your oral health, practice good oral hygiene daily.

- Brush your teeth at least twice a day for two minutes each time. Use a soft-bristled brush and fluoride toothpaste.
- Floss daily.
- Eat a healthy diet and limit sugary food and drinks.
- Replace your toothbrush every three to four months, or sooner if bristles are splayed or worn.
- Schedule regular dental checkups and cleanings.

‘Prayers for blessings, beautiful smiles and good health all the way around!

Source: [www.mayoclinic.org](http://www.mayoclinic.org)



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