**Choosing a Confirmation Saint**

(Year One Confirmation)

1. Get some ideas!

Check out the Biggest and Best List of Confirmation Saints: <https://lifeteen.com/blog/biggest-best-list-confirmation-saints-guys-girls/>

Take this Quiz to find a Saint that is similar to you[: https://relevantradio.com/which-saint-are-you-most-like/](https://relevantradio.com/which-saint-are-you-most-like/)

Or this one to find out what Saint has your personality type: https://www.gotomary.com/2017/03/which-patron-saint-has-your-personality.html

1. Make a list of Saints to do more research on!

Google away and check out some sites like the ones below to learn more about your top contenders:

<https://www.catholic.org/saints/>

<http://www.catholic-saints.info/>

Here are some things to consider when choosing a Confirmation Saint:

* Who do you find the most inspiring?
* Who would you like to be like?
* Who is the most similar to you?
* What Saints are important to your family?
* Were you born on a Saint’s feast day?
* What are your interests? What Saints have similar interests? Music? Sports? Math? Science? Art? Dance? Animals? Travel? Hiking?
* Is there something you struggle with that you want prayers or protection from? Illness? Family struggles? Mental Health Struggles? A Bad Habit? Fear?
* Are you struggling with your faith? There are saints who did too! They might be a good option for your Confirmation Saint to help you grow in faith!
* What do you want to grow in? Prayer? Discipline? Humility? Kindness? Purity? Courage?
* Who do you feel like you can relate to the most? Who do you feel like you could be friends with?

1. Narrow your choices to 2 or 3 Saints and pray for the Holy Spirit to guide you in choosing a Confirmation Saint.

1. Then choose! You can’t choose wrong because all the Saints are wonderful!!