**Choosing a Confirmation Saint**

(Year One Confirmation)

1. Get some ideas!

Check out the Biggest and Best List of Confirmation Saints: <https://lifeteen.com/blog/biggest-best-list-confirmation-saints-guys-girls/>

Take this Quiz to find out a Saint that is similar to you: <http://dowym.com/voices/quiz-which-saint-are-you-most-like/>

Or this one to find out what Saint has your personality type: https://www.gotomary.com/2017/03/which-patron-saint-has-your-personality.html

1. Make a list of Saints to do more research on!

Google away and check out some sites like the ones below to learn more about your top contenders:

<https://www.catholic.org/saints/>

<http://www.catholic-saints.info/>

Here are some things to consider when choosing a Confirmation Saint:

* Who do you find the most inspiring?
* Who would you like to be like?
* Who is the most similar to you?
* What Saints are important to your family?
* Were you born on a Saint’s feast day?
* What are your interests? What Saints have similar interests? Music? Sports? Math? Science? Art? Dance? Animals? Travel? Hiking?
* Is there something you struggle with that you want prayers or protection from? Illness? Family struggles? Mental Health Struggles? A Bad Habit? Fear?
* Are you struggling with your Faith? There are saints who did too! They might be a good option for your Confirmation Saint to help you grow in Faith!
* What do you want to grow in? Prayer? Discipline? Humility? Kindness? Purity? Courage?
* Who do you feel like you can relate to the most? Who do you feel like you could be friends with?

1. Narrow your choices to 2 or 3 Saints and pray for the Holy Spirit to guide you in choosing a Confirmation Saint.

1. Then choose! You can’t choose wrong because all the Saints are wonderful!!

**Confirmation Saint Letter and Project**

1. **PART ONE:** Write a **letter** to your Confirmation Saint. Here’s a bunch of things to include:

* Dear Saint…
* Why you chose them?
* What should they know about you?
* What you have in common with them?
* What do you admire about them?
* How would you like them to pray for you?
* How do you want them to help you on your journey towards Confirmation?

1. **PART TWO:** Create a **project** to showcase your Confirmation Saint. Choose from the following:

* Poster – full poster board size
* Power Point Presentation – 5-7 slides
* Original Movie – approx. 3 mins in length
* Essay – at minimum 4 paragraphs
* Diorama

Your project must include:

* Biographical Information (If your patron is an angel, there won’t be biographical information. Instead, find quotes in Scripture referencing your angel and use those.)
* Name of your Saint
* Date of Birth, Date of Death
* Place of Birth
* Place(s) lived
* About their families
* Vocational Information
* Education
* Career
* Vocation
* What are they the patron saint of?
* What are they famous for?
* Include a quote or prayer by them you find inspirational and why?
* Spiritual
* When and why did this person start to follow Christ?
* What kind of obstacles and sufferings did they face in their lives?
* How did they impact other people with their faith?
* What do you find the most inspirational about them? Why you chose them?

*Please use Times New Roman, 12pt. font for essay.*

*Remember to be original: plagiarized work (including AI) will not be accepted.*