

PARISH LIFE

A Weekly Publication for Parishioners & Friends of Holy Trinity Parish



MASS SCHEDULE

SATURDAY VIGIL MASS	5:30 PM
IN CHURCH	
FIRST SATURDAY MASS	8:15 AM
SUNDAY MASS	
IN CHURCH	7:30 AM
IN CHURCH & LIVESTREAM	9:00 AM
IN CHURCH	11:00 AM
MONDAY – FRIDAY MASS	8:15 AM
IN CHURCH	
SACRAMENT OF PENANCE	
SATURDAY 4:30–5:15 PM OR BY APPOINTMENT	
ADORATION OF THE BLESSED SACRAMENT	
EVERY THURSDAY 9:00 AM–5:00 PM	

Fr. Lawrence J. Beck*
Pastor

Fr. Marcel Emeh*
Parochial Vicar

Dan Haverty*
Jim Hopp*
Deacons

Jeremy Youngers*
Parish Life Director

Susie Calise
School Ministry Bookkeeper

Bevyn Cassidy
Communications Coordinator

Gary Coan
Facilities Manager

Kim Koos
Administrative Assistant

Diane Marshall
Parish Bookkeeper

Cynthia Mulcaire*
Director of Faith Formation

Denise Remick*
School Ministry Principal

Rob Sabino
Director of Music Ministries

* Member of Senior Leadership Team

OUR PURPOSE:

To proclaim the Gospel so that all
will be one in Christ for the glory of God.

OUR VISION:

Holy Trinity Parish is a Catholic community
forming missionary disciples
who live as stewards committed to
hospitality, prayer, formation and service.

January 28, 2024 ~ 4th Sunday in Ordinary Time

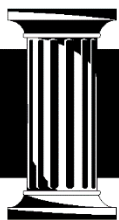
Please read our bulletin and visit our website for updated information:
www.holytrinityparish.org

Church hours: Sun. 7:30 AM-1 PM; Sat. 8 AM-6:30 PM; Mon.-Fri. 8 AM-4 PM

Parish Office hours: Monday-Friday 8:45 AM-4:00 PM

Upcoming Events:

Jan. 27/28	2 nd Collection – Kenya Orphans Mission
Jan. 28	High School Youth Group 6:00 PM
Jan. 28	Holy Trinity School Ministry Open House 10:00 AM - Noon
Jan. 31	Eucharistic Revival Study begins
Feb. 3	First Saturday Mass 8:15 AM
Feb. 3	World Marriage Day
Feb. 10	St. Sebastian (Year 2) Confirmation Group Retreat
Feb. 23	Divine Mercy Stations of the Cross & Free Soup Supper 6:00 PM
Feb. 25	High School Youth Group 6:00 PM
Feb. 25 OR 27	St. Sebastian (Year 2) Confirmation Group Session
Apr. 13	Holy Trinity School Ministry's "I'm In" Gala



HOSPITALITY

Acting as Christ the Shepherd, a parish committed to stewardship is a true community of faith that welcomes, honors, and involves every person in the life and work of the Church, acknowledging the blessing of our richly different backgrounds and experiences.



7 SESSION STUDY

STARTS JANUARY 31ST

JESUS AND THE EUCHARIST

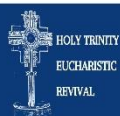
MORNING SESSION:
WEDNESDAYS AT
9:00-11:00 A.M.
IN THE VIEW ROOM

Each session is full of rich theological content, powerful testimonies, and unique and timely messages from individual bishops across the country.

EVENING SESSION:
WEDNESDAYS AT
6:30-8:30 P.M.
IN THE MEDIA CENTER

This is a great opportunity to dive more deeply into the richness of our Eucharistic faith.

FOR COURSE OUTLINE PLEASE VISIT THE PARISH WEBSITE



Sign Up at:
holytrinityparish.org/eucharistic-revival

Divine Mercy Stations of the Cross & Free Soup Supper

Holy Trinity's Divine Mercy Prayer Ministry invites all parishioners to participate in the Divine Mercy Stations of the Cross and Soup Supper on Friday, **February 23, 2024** beginning at 6:00 PM.

The evening will include the recitation of the Divine Mercy Chaplet and the Shorter Stations of the Cross followed by a free meatless soup supper in the view room. Please join us.

Jesus asked St Faustina to say the Stations of the Cross every day at 3 o'clock if her duties permitted it (Diary 1572). This practice pairs well with Adoration of the Blessed Sacrament and we have made available prayer cards in the back of church for this purpose.

Catholic Schools Week & Open House

Holy Trinity School Ministry will be celebrating Catholic Schools Week **January 28 - February 2**. This is a nationwide, annual event that highlights the importance, great gift and lifelong positive impact Catholic education has on developing this generation of disciples. We invite everyone to come visit the classrooms and see the amazing work of our students at our Open House: **Sunday, January 28 from 10:00 AM - Noon.**



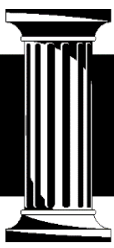
World Marriage Day

Celebrate World Marriage Day on Saturday, **February 3, 2024** at 1:00 PM at St. Charles Borromeo Parish, located at 7584 Center Parkway in Sacramento. Join us as we honor marriage and salute the beauty of faithfulness, sacrifice, and joy in married life. There will be a special blessing for sacramentally married couples and an opportunity for them to renew their marital commitment. After Mass, there will be an opportunity to receive a blessing and picture with Bishop Jaime Soto. Special certificates will be distributed at the reception honoring couples celebrating milestone anniversaries (10, 25, 30, 35, 40, 45, 50, 50+).

If you plan to attend, please register at <https://www.scd.org/wmd2024>. If you have questions, contact Deacon Danny Patterson at the Office of Family and Faith Formation at 916-733-0133 or Jazmin Ortiz 916-733-0123.

Fr. Marcel on Vacation in January

Fr. Marcel will be taking his annual vacation to visit his family and home country of Nigeria through Feb. 1, 2024. May he have a much-deserved, happy and restful time of renewal.



PRAYER

Acting as Christ the Priest, a parish committed to stewardship strives to nourish each person through prayer, strengthening our relationship with the Father, Son, and Holy Spirit and focusing on the Eucharist, the "source and summit of the Christian Life."

First Saturday Mass

First Saturday Mass is a devotion to the Immaculate Heart of Mary and will be celebrated at 8:15 AM on the first Saturday of the month. The next Mass is **February 3, 2024**. All are invited to join in this special monthly devotion.

Tuesday Morning Scripture Study

Did you know that every Tuesday, from 9:00-10:30 AM the longest running scripture study group meets in the View Room? This co-ed group focuses on scripture reading, but also takes on other topics, as well. From now until February 13, the group will continue to focus on the Gifts of the Holy Spirit.

Beginning February 20, they will begin to review and discuss the Gospel of Mark from which the majority of the Gospels will be taken for Year B of the liturgical cycle. Come and sit in for a class on Tuesday morning from 9:00-10:30 AM. Or, if you would like more information, please contact Susie Hahn at sf_hahn@yahoo.com or Judy Silva at jdysilva@yahoo.com.

Bereavement Ministry

The Bereavement Ministry is a group of volunteer parishioners who dedicate their time to helping others on their grief journey. The team facilitates a structured support program that allows participants looking for companions in faith to share their coping experiences with the death of a loved one within an environment of confidentiality and care.

If you would like to volunteer in this ministry to walk alongside the bereaved to provide comfort and hope or for more information, contact Carmelinda Moy (916)933-4287 or bereavement.htp@gmail.com.

Men's Prayer Group

Men pray the Rosary for each other and our community every Friday morning at 6:30 AM in the Youth Center. Many stay for reflection on the Gospel and fellowship. For more information, contact: James: James.campanello@gmail.com or Jacob: 425jrm@gmail.com.

MASS INTENTIONS

Monday, Jan. 29

8:15 AM Liturgy of the Word

Tuesday, Jan. 30

8:15 AM Phillip G. Matthews, deceased, by Jan Williams

Wednesday, Jan. 31

8:15 AM Colette Kessler, deceased, by Eleanor Pingitore

Thursday, Feb. 1

8:15 AM All Souls

Friday, Feb. 2

8:15 AM Antonio Ripepi, deceased, by Frances P. Ada

Saturday, Feb. 3

8:15 AM Julianna Martinez, special intention, by Rebecca Gaul
5:30 PM Shirley Twohig, deceased, by Patrick Twohig

Sunday, Feb. 4

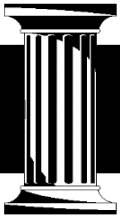
7:30 AM Tow & Park families, special intention, by Coan family
9:00 AM Jeffrey Kmetz, deceased, by Joel Kmetz
11:00 AM Parishioners of Holy Trinity

For DAILY READINGS

Please visit us @ holytrinityparish.org or www.usccb.org/bible/readings/012824.cfm

Spiritual Support for Families

If you or a family member need an Anointing of the Sick, please call the parish office. After hours, follow the prompts to be connected directly to a priest: 530-677-3234.



FORMATION

Acting as Christ the Teacher, a parish committed to stewardship emphasizes, through evangelization and catechesis, the development of households of faith, where our Catholic story as the Body of Christ is lived and shared with one another.

Questions for Faith Sharing Feb. 4 5th Sunday in Ordinary Time

In next Sunday's Gospel, Mark 1:29-39, we are shown that Jesus is not concerned with bringing attention to himself. As he did with the unclean spirit, Jesus would not allow the demons who knew him to reveal his identity or talk about him. Instead of basking in the praise and thanks of those whom he has cured, he withdraws to a "deserted place" and then departs from Galilee, even though he has gained the attention of all the people there.

Reflection for families:

- What makes service or ministry to others difficult or challenging?

Formed.org



[The Catholic Parent](https://watch.formed.org/the-catholic-parent)

Do you ever feel like it's almost impossible to raise holy kids who love God (and sit still in Mass!) in our modern world? You're not alone. This six-episode series features real Catholic families like yours sharing their daily struggles and victories. Created by the Augustine Institute and Catholic Sprouts, "The Catholic Parent" aims to encourage you as a mom or dad as you embrace your God-given role to form your family in the richness of the Catholic faith.

<https://watch.formed.org/the-catholic-parent>

Save the Date – April 13

Holy Trinity School Ministry's annual "I'm In" Gala is **April 13** in the Social Center from 6:00-10:00 PM. Tickets are on sale now for this Mad Hatter themed event. If you are interested in purchasing tickets, becoming a sponsor or making a donation of goods, services, or financial contribution please contact the school ministry office or visit the Gala website through this qr code or at <https://holytrinityeldorado.ejoinme.org/madhattergala>.



Confirmation Groups Update

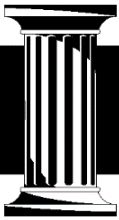
confirmation@holytrinityparish.org
kjones@holytrinityparish.org

St. Sebastian Group:

- Your next event is the Confirmation Retreat for candidates only at Holy Trinity on **Saturday, February 10**. Please turn in your permission slip as soon as possible.
- Your next Year 2 Combined Session, "Burn," is scheduled for **Sunday, February 25** (10:15-11:45 AM) OR **Tuesday, February 27** (5:45-7:15 PM). Candidates should attend with a parent or sponsor.

St. Teresa of Avila Group:

- All Year 1 candidates must choose a sponsor and have them complete a Sponsor Form. Forms are available on our website.
- Saint Letters and Saint Projects are due in the Faith Formation Office on **April 19**.
- For more information about our Confirmation Program, please contact Kim Jones (kjones@holytrinityparish.org).



SERVICE

Putting into action our commission as Christ the Shepherd, Priest, and Teacher, a parish committed to stewardship serves the many needs of its own parish family, as well as the needs of the larger community and the world.

Stewardship...

"Brothers and sisters: I should like you to be free of anxieties." - 1 Corinthians 7:32

How much anxiety do we bring upon ourselves by constantly worrying about not having enough or attaining more things? God won't necessarily give you everything you want, but He will provide everything you need. Try this – use the word "pray" instead of the word "worry" in the future. Then spend your time praying instead of worrying.

Consider making your gift electronically:

<https://www.holytrinityparish.org/give>.

A Marriage That Heals

A Marriage that Heals – Half Day Retreat on April 20, 2024: The Sacrament of Matrimony reveals and presents God's love to the world in an incredibly beautiful and tangible way. Often our personal wounds and the hurts in marriage make it hard to love and live freely as God intends. Join us for a half day retreat that will reveal God's plan for your marriage to become the very instrument of your healing and sanctification. At this retreat we will gain a new understanding of our wounds and hurts and how God longs to heal and transform your marriage! For more information and to register:



Respect Life Ministry Thanks You

The Respect Life Ministry would like to thank the Holy Trinity Community for their participation on Pro-Life Cupcake Day, Sunday, January 13. Because of your generous donations we gave \$739 to the Mother Teresa Maternity Home. This donation will help support mothers in their choice to keep their babies!



Altar Server Today Saint Tomorrow

Parents of 4th, 5th, 6th, 7th and 8th grade students, please encourage your son or daughter to consider becoming an Altar Server at Holy Trinity Parish. There is no better way to experience the beauty of our Faith, as Catholics, than to be four feet from the "re-presentation" of Jesus Christ in the Eucharist, on the Altar. Every young Catholic boy or girl deserves this opportunity to serve our Lord, His Holy Church, and the People of God as an Altar Server. Altar Server preparation consists of two or three "on the job" training sessions of 60 minutes each, plus about an hour of study of the Altar Server Guidebook. Training is given by Deacon Dan, and always at least one other adult or parent. Diocesan standards for "Safe Environment for Youth" are strictly adhered to at all times. Please call or text Deacon Dan at 916-517-6558 or dthaverty@aol.com for more information.

LITANY OF THE MOST BLESSED SACRAMENT

Lord, have mercy. R. Lord, have mercy.

Christ, have mercy. R. Christ, have mercy.

Lord, have mercy. R. Lord, have mercy.

Christ, hear us. R. Christ, graciously hear us.

God the Father of Heaven, R. Have mercy on us.

God the Son, Redeemer of the world, R. Have mercy on us.

God the Holy Spirit, R. Have mercy on us.

Holy Trinity, one God, R. Have mercy on us.

Jesus, Eternal High Priest of the Eucharistic Sacrifice, R. Have mercy on us.

Jesus, Divine Victim on the Altar for our salvation, R. Have mercy on us.

Jesus, hidden under the appearance of bread, R. Have mercy on us.

Jesus, dwelling in the tabernacles of the world, R. Have mercy on us.

Jesus, really, truly and substantially present in the Blessed Sacrament, R. Have mercy on us.

Jesus, abiding in Your fulness, Body, Blood, Soul and Divinity, R. Have mercy on us.

Jesus, Bread of Life, R. Have mercy on us.

Jesus, Bread of Angels, R. Have mercy on us.

Jesus, with us always until the end of the world, R. Have mercy on us.

Sacred Host, summit and source of all worship and Christian life, R. Have mercy on us.

Sacred Host, sign and cause of the unity of the Church, R. Have mercy on us.

Sacred Host, adored by countless angels, R. Have mercy on us.

Sacred Host, spiritual food, R. Have mercy on us.

Sacred Host, Sacrament of love, R. Have mercy on us.

Sacred Host, bond of charity, R. Have mercy on us.

Sacred Host, greatest aid to holiness, R. Have mercy on us.

Sacred Host, gift and glory of the priesthood, R. Have mercy on us.

Sacred Host, in which we partake of Christ, R. Have mercy on us.

Sacred Host, in which the soul is filled with grace, R. Have mercy on us.

LITANY OF THE MOST BLESSED SACRAMENT

Sacred Host, in which we are given a pledge of future glory, R. Have mercy on us.

Blessed be Jesus in the Most Holy Sacrament of the Altar, R. Have mercy on us.

Blessed be Jesus in the Most Holy Sacrament of the Altar, R. Have mercy on us.

Blessed be Jesus in the Most Holy Sacrament of the Altar, R. Have mercy on us.

For those who do not believe in Your Eucharistic presence, R. Have mercy, O Lord.

For those who are indifferent to the Sacrament of Your love, R. Have mercy on us.

For those who have offended You in the Holy Sacrament of the Altar, R. Have mercy on us.

That we may show fitting reverence when entering Your holy temple, R. We beseech You, hear us.

That we may make suitable preparation before approaching the Altar, R. We beseech You, hear us.

That we may receive You frequently in Holy Communion with real devotion and true humility,
R. We beseech You, hear us.

That we may never neglect to thank You for so wonderful a blessing, R. We beseech You, hear us.

That we may cherish time spent in silent prayer before You, R. We beseech You, hear us.

That we may grow in knowledge of this Sacrament of sacraments, R. We beseech You, hear us.

That all priests may have a profound love of the Holy Eucharist, R. We beseech You, hear us.

That they may celebrate the Holy Sacrifice of the Mass in accordance with its sublime dignity,
R. We beseech You, hear us.

That we may be comforted and sanctified with Holy Viaticum at the hour of our death,
R. We beseech You, hear us.

That we may see You one day face to face in Heaven, R. We beseech You, hear us.

Lamb of God, You take away the sins of the world, R. Spare us, O Lord.

Lamb of God, You take away the sins of the world, R. Graciously hear us, O Lord.

Lamb of God, You take away the sins of the world, R. Have mercy on us, O Lord.

V: O Sacrament Most Holy, O Sacrament Divine,

R: All praise and all thanksgiving be every moment Thine.

Let us pray:

Most merciful Father, You continue to draw us to Yourself through the Eucharistic Mystery. Grant us fervent faith in this Sacrament of love, in which Christ the Lord Himself is contained, offered and received. We make this prayer through the same Christ our Lord.

R. Amen.



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