June 11, 2023 • Solemnity of the Most Holy Body and Blood of Jesus Christ (Feast of Corpus Christi)

Please read our bulletin and visit our website for updated information: www.holytrinityparish.org

- Church hours: Sun. 7:30 AM-1 PM; Sat. 8 AM-6:30 PM; Mon.-Fri. 8 AM-4 PM
- Parish Office hours: Monday-Friday 8:45 AM-4 PM

Upcoming Events:
Jun. 11   Eucharistic Procession and Rosary after 11 AM Mass
Jun. 11   Parish Picnic after 11 AM Mass
Jun. 18   “Pops” Father’s Day Event
Jul. 10-14 Vacation Bible School
Why does the Catholic Church have Eucharistic Processions?

Holy Trinity Parish will be kicking off the Eucharistic Revival this weekend with a Eucharistic Procession immediately following the 11 am Mass. These processions have a long history in the Catholic Church and their purpose is to show the world our devotion to Christ present in the Holy Eucharist.

Pope Francis states, “The procession with the Blessed Sacrament…reminds us that we are called to go out and bring Jesus to others. To go out with enthusiasm, bringing Christ to those we meet in our daily lives” (Homily on the Solemnity of the Most Holy Body and Blood of Christ, 6 June 2021).

Consider the following excerpt from The Knights of Columbus:

“A Eucharistic Procession, just like Eucharistic Adoration, is an extension of the worship of Jesus Christ, truly present in the Blessed Sacrament. The supreme act of adoration and the source and summit of the Christian life is the celebration of the Mass, and that celebration is prolonged and intensified through Eucharistic worship outside of the Mass. In Eucharistic Processions, the missionary aspect of the Eucharist is emphasized as we go forth into the world. Not only gazing upon our Eucharistic Lord, but walking with him, we experience what the disciples did 2000 years ago as they walked with Jesus, proclaiming the Good News to the world.

A parish community that undertakes a Eucharistic Procession has made the decision to publicly proclaim its belief in Jesus’ True Presence in the Eucharist. By this public witness of faith, the parish invites people in the community to encounter the Risen Lord present in the Eucharistic Host. For those who participate in the procession, it is an opportunity not only to proclaim their faith but also to grow in their faith.

The procession is, finally, an invitation to Jesus himself to be a part of our daily lives, to be immersed in the world in which we live” (Eucharistic Processions Guidebook, 2022).

Holy Trinity Parish invites you to join this weekend’s Eucharistic Procession and proudly proclaim your faith with fellow parishioners!

Holy Trinity Men’s Ministry

Holy Trinity Men’s Ministry gathers every 3rd Wednesday at 6:30 PM for food, fellowship, and conversation. All men are welcome to join. Contact Jeremy Youngers at jeremy@holytrinityparish.org with any questions. Our next event is Wednesday, June 21 in the View Room.

Scam/Fraud Attempts

For your own safety and security, we ask that you please be especially wary of increased scam and fraud attempts. Holy Trinity priests, deacons, and staff will NEVER text or email you requesting gift cards, a wire transfer of money, or any other appeals for donations like this. All requests for financial support will be announced after Mass, in the bulletin, and on our website. Do not send or gift in any way except directly through the parish office or our website link to our secure online giving platform.

We also highly discourage any response to these scam messages and requests as they often become more aggressive in their communications. If you are uncertain about a correspondence from parish clergy or staff, please call the Parish Office at 530-677-3234 to verify before responding.
Blessing for Travelers

With summer vacations, there will be many families travelling. You may wish to pray this prayer with your family before your trip.

All-powerful and ever-living God, when Abraham left his own land and departed from his own people, you kept him safe on his journey. Protect us who are also your servants: walk by our side to help us; be our companion and strength on the road and our refuge in every adversity. Lead us, O Lord, so that we will reach our destination in safety and happily return to our home. We ask this through Christ, our Lord. Amen.

Catholic Household Blessings & Prayers

Congratulations First Communicants

Please continue to pray for our First Communicants and their families and for their catechists who helped prepare them for the most precious gift of the Real Presence of Our Lord.


Children’s Liturgy of the Word

Children’s Liturgy of the Word is now on summer break and returns in September. THANK YOU to our catechists for bringing the Word to our beautiful children!

Spiritual Support for Families

If you or a family member need an Anointing, please call the parish office. In the case of an emergency Anointing after office hours, follow the prompts to be connected directly to one of our priests: 530-677-3234.

Mass Intentions

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Name</th>
<th>By</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday, Jun. 12</td>
<td>8:15 AM</td>
<td>Diane Wiedel, deceased,</td>
<td>Larry &amp; Kathy Callaghan</td>
</tr>
<tr>
<td>Tuesday, Jun. 13</td>
<td>8:15 AM</td>
<td>Warren McDermott, deceased,</td>
<td>Divine Mercy Ministry</td>
</tr>
<tr>
<td>Wednesday, Jun. 14</td>
<td>8:15 AM</td>
<td>L.O. Sturgeon, deceased,</td>
<td>L.K. Sturgeon</td>
</tr>
<tr>
<td>Thursday, Jun. 15</td>
<td>8:15 AM</td>
<td>All Souls</td>
<td></td>
</tr>
<tr>
<td>Friday, Jun. 16</td>
<td>8:15 AM</td>
<td>John P. Hutchins, deceased,</td>
<td>Jan Williams</td>
</tr>
<tr>
<td>Saturday, Jun. 17</td>
<td>5:30 PM</td>
<td>Ed Lewandowski, deceased,</td>
<td>Ed &amp; Bernadette Ricci</td>
</tr>
<tr>
<td>Sunday, Jun. 18</td>
<td>7:30 AM</td>
<td>Jerry Rich, deceased,</td>
<td>William &amp; Annette Gadt</td>
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<tr>
<td></td>
<td>9:00 AM</td>
<td>Frank Martin, deceased,</td>
<td>SJND School Community</td>
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<tr>
<td></td>
<td>11:00 AM</td>
<td>Parishioners of Holy Trinity</td>
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For Daily Readings
Please visit us @ holytrinityparish.org or www.usccb.org/bible/readings/061123.cfm
Questions for Faith Sharing June 18
Eleventh Sunday in Ordinary Time

In next Sunday’s Gospel, Matthew 9:36-10:8, Jesus is moved with pity for the troubled and abandoned people before him. Jesus’ response is to summon, empower and send his followers to their aid saying, “Without cost you have received; without cost you are to give.” Jesus makes explicit the connection between discipleship with him and service to, and leadership of those who are lost and in need.

Reflection for families:
• How has God demonstrated kindness to you? With whom have you shared God’s love?

Formation for the next celebration of Adult Confirmation begins in September.
Please contact Cynthia Mulcaire if you are a practicing Catholic who has not yet received the powerful gift of the Holy Spirit. 530-677-3234, option 5.

Confirmation Groups Update
confirmation@holytrinityparish.org
kjones@holytrinityparish.org

St. Robert Bellarmine Group:
• Sponsor Forms, Certificate Forms and Confirmation Service Logs were due May 12th. Please turn them in or contact us if you need help.
• Your next Combined Session will be early next fall. The link to sign up will be emailed to you.
• Confirmation Weekend is October 14-15. Candidates and sponsors must attend the Morning of Reflection, October 14 (9 AM-12 PM), and the Confirmation Mass at will begin at 1:30 PM on October 15.

St. Sebastian Group:
• Saint Letters AND Saint Projects were due on April 21. Please turn them in to the Faith Formation Office as soon as possible or contact us if you need help.
• Your next activity is a brief Candidate Zoom Discernment Interview over the summer. The link to sign up will be emailed to you.
• If you are interested in joining our Confirmation program, please contact Kim Jones for more information: kjones@holytrinityparish.org

A Lifeline for your Marriage
Retrouvaille has helped tens of thousands of couples experiencing marital difficulties at all levels including disillusionment and deep misery. Call 530-536-0449 or visit www.helpourmarriage.org

Our next weekend is July 7-9 2023, at Christ the King retreat center in Citrus Heights.

Peggy & John Di Nocco ~ Community Coordinators
Stewardship…

The Most Holy Body and Blood of Christ (Corpus Christi)

“But because there is one bread, we, who are many, are one body, for we all partake of the one bread.”
1 Corinthians 10:17

As disciples of Jesus, we are called to lead holy lives and invite others to join us. We are called to be fed and to feed others. Living a stewardship lifestyle, being grateful and generous with our gifts, serves a twofold purpose. One, it helps build God’s kingdom here on earth. Two, it helps us strengthen each other’s relationship with God the Father, Jesus, and the Holy Spirit. It becomes our roadmap to Heaven. Let’s help each other get there!

Consider making your gift electronically:
https://www.holytrinityparish.org/give.

Veteran’s Board in the Narthex

We will soon be giving the Veteran’s Board in the Narthex a much-needed restoration. If you have a child or friend on the board and would like to update their picture, or if you know someone in our armed service who is not yet on the board, send a photo with their name and rank to holytrinity@holytrinityparish.org. A big thank-you to Kenneth Danieli who is taking care of this project for the parish.

Altar Server Ministry to Families

We are expanding our Altar Server Ministry to include families. Moms and Dads are encouraged to serve at the Altar with your son or daughter. Training provided by Deacon Dan. Contact him at 916-517-6558 or Shannon Merlo at 916-769-4038.

Vacation Bible School 2023:
May We Always Shine Jesus’ Light

July 10-14 from 9 AM to 12 PM
Ages 4 yrs. to 6th Grade are welcome to attend

We are truly blessed and thankful that as a community we always come together to help our young children grow in His light. We are excited to bring to life a STELLER program for the children and are asking whether it’s your time, skills or through donations that you may find it in your hearts to help us again this year.

Donations for VBS
There is a large box located at the South end of the Narthex- please choose and pull a star off the poster returning it with your donation placing it inside or on the back side of the box and someone will pick that up after mass. All donations are suggested to be delivered no later than June 23, 2023.

Catholics in Recovery
Catholics in Recovery provides support and healing from addictions, compulsions, and unhealthy attachments. Meetings combine the principals of 12-step recovery and the sacraments of the Catholic Church. We meet Thursday evenings at 6 PM in the Youth Center. For more information about the meeting contact us at cirholytrinity@gmail.com.

Interested in Volunteering?
Volunteers are always needed here at Holy Trinity. We have a wide range of Ministries that serve our parish and the greater community. For more information on the many different ways you can get involved, please contact us at the parish office at 530-677-3234 or holytrinity@holytrinityparish.org.
Dear Brothers,

On the Solemnity of the Most Holy Body and Blood of Christ, Sunday, June 11, 2023, pastors may resume the traditional practice of distributing the Precious Blood from the Chalice along with the Body of Christ for Holy Communion.

Pastors should properly instruct the Faithful for the reception of Holy Communion under both species.

- In each of the Eucharistic species, both the Consecrated Hosts and the Precious Blood, the Lord Jesus offers himself completely to the Faithful. The Lord Jesus is present body and blood, soul and divinity under the appearance of bread and wine.
- Receiving Holy Communion under both species is a fuller sign of participation in the Sacred Mysteries of the Lord’s death and resurrection. This fuller sign is a response to the Lord’s command to “take and eat”, “take and drink”.
- Members of the Faithful who have pre-existing health concerns or who have flu-like symptoms should refrain from receiving Holy Communion from the Chalice. Those with flu-like symptoms should also remain home as a preventive measure.
- The Faithful are encouraged to continue the practice of frequent handwashing. Pastors are encouraged to have sanitizer available for the Faithful before and after receiving Holy Communion.
- Ministers are encouraged to continue the practice of cleaning the vessels with soap and water following the Mass.

The Diocesan Office for Worship will monitor regional health statistics in two areas:

- Levels of clinic visits for influenza and other pulmonary conditions.
- Levels of new hospitalization for COVID-19.

Should either statistic deviate from the norm, the Bishop will instruct the pastors to suspend offering the Chalice of the Precious Blood during Holy Communion. Offering the Chalice will not resume until the normal levels have been sustained for two weeks.

As we prepare to enter the second year of the Eucharistic Revival – *Real Presence, Real Life* – may the return to the traditional reception of the Lord’s Precious Body and Blood provide a fuller form of the Eucharistic sign, encouraging all the Clergy and Faithful to participate actively, consciously, and reverently in the Death and Resurrection of Jesus presented to us in the Most Holy Eucharist.

Through the intercession of our Blessed Mother Mary, Mother of the Eucharist, may we taste and see the goodness of the Lord.

Respectfully,

[Signature]

+Jaime Soto
Bishop of Sacramento
Let's celebrate our amazing "Pops"

Father's Day Event
Sunday, June 18
After all Masses in the Parish Plaza

★ Hops for Pops (aka Beer)
★ Soda Pops
★ Popcorn