

PARISH LIFE

A Weekly Publication for Parishioners & Friends of Holy Trinity Parish



MASS SCHEDULE

SATURDAY VIGIL MASS	5:30 PM
IN CHURCH	
FIRST SATURDAY MASS	8:15 AM
SUNDAY MASS	
IN CHURCH	7:30 AM
IN CHURCH & LIVESTREAM	9:00 AM
IN CHURCH	11:00 AM
MONDAY – FRIDAY MASS	8:15 AM
IN CHURCH	
SACRAMENT OF PENANCE	
SATURDAY 4:30–5:15 PM OR BY APPOINTMENT	
ADORATION OF THE BLESSED SACRAMENT	
EVERY THURSDAY 9:00 AM–5:00 PM	

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Pastor

Fr. Marcel Emeh*
Parochial Vicar

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Jim Hopp*
Deacons

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Parish Life Director

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School Ministry Bookkeeper

Bevyn Cassidy
Communications Coordinator

Gary Coan
Facilities Manager

Kim Koos
Administrative Assistant

Diane Marshall
Parish Bookkeeper

Cynthia Mulcaire*
Director of Faith Formation

Denise Remick*
School Ministry Principal

Rob Sabino
Director of Music Ministries

* Member of Senior Leadership Team

OUR PURPOSE:

To proclaim the Gospel so that all
will be one in Christ for the glory of God.

OUR VISION:

Holy Trinity Parish is a Catholic community
forming missionary disciples
who live as stewards committed to
hospitality, prayer, formation and service.

February 11, 2024 ~ 6th Sunday in Ordinary Time

Please read our bulletin and visit our website for updated information:
www.holytrinityparish.org

Church hours: Sun. 7:30 AM-1 PM; Sat. 8 AM-6:30 PM; Mon.-Fri. 8 AM-4 PM

Parish Office hours: Monday-Friday 8:45 AM-4:00 PM

Upcoming Events:

Feb. 14	Ash Wednesday Mass & Distribution of Ashes 8:15 AM, Noon & 7:00 PM
Feb. 16	Stations of the Cross 6:00 PM
Feb. 17/18	Annual Catholic Appeal
Feb. 23	Divine Mercy Stations of the Cross & Free Soup Supper 6:00 PM
Feb. 25	High School Youth Group Pajamas & Pancakes 6:00 PM
Feb. 25 OR 27	St. Sebastian (Year 2) Confirmation Group Session
Mar. 1	Stations of the Cross 6:00 PM
Mar. 8	Stations of the Cross 6:00 PM
Mar. 9	Spirit of Benny 10K/5K Fun Run & Walk
Mar. 9/10	2 nd Collection – Catholic Relief Services
Mar. 10	Fired Up! Confirmation Conf., St. Sebastian Grp. Christian Bros. HS 2:30 PM
Mar. 15	Stations of the Cross 6:00 PM
Mar. 17	High School Youth Group 6:00 PM
Mar. 22	Stations of the Cross 6:00 PM
Apr. 6	Transformed by Grace Women's Event
Apr. 13	Holy Trinity School Ministry's "I'm In" Gala
Apr. 20	Marriage Ministry – Half Day Retreat



HOSPITALITY

Acting as Christ the Shepherd, a parish committed to stewardship is a true community of faith that welcomes, honors, and involves every person in the life and work of the Church, acknowledging the blessing of our richly different backgrounds and experiences.



Eucharistic Revival

at Holy Trinity Parish

An ongoing series to restore devotion to the Eucharist

Eucharistic Revival Diocesan Congress | March 9, 2024

In celebration of the Eucharistic Revival, Bishop Soto invites Catholics across the Sacramento Diocese to join us at our Diocesan Congress on Saturday, March 9 from 2:00-6:00 PM for one of three simultaneous gatherings: Our Lady of Guadalupe Parish, Sacramento (in Spanish), St. Francis Parish, Sacramento (in English), and a youth event at Immaculate Conception Parish, Sacramento (in English) hosted by the Black Catholic Ministry. The Diocesan Congress will feature music, food, and speakers such as Priscilla Garza, Fr. Agustino Torress CFR, Rhyann Ramirez, Pedro de Acevado, and more. The events will culminate with Mass and a Eucharistic Procession from each of the three locations to the Cathedral of the Blessed Sacrament for Night Fever from 7:00-9:00 PM. Please visit our website at www.scd.org/celebrate for more information.

Divine Mercy Stations of the Cross & Free Soup Supper

Holy Trinity's Divine Mercy Prayer Ministry invites all parishioners to participate in the Divine Mercy Stations of the Cross and Soup Supper on Friday, **February 23, 2024** beginning at 6:00 PM.

The evening will include the recitation of the Divine Mercy Chaplet and the Shorter Stations of the Cross followed by a free meatless soup supper in the view room. Please join us.

Jesus asked St Faustina to say the Stations of the Cross every day at 3 o'clock if her duties permitted it (Diary 1572). This practice pairs well with Adoration of the Blessed Sacrament and we have made available prayer cards in the back of church for this purpose.

Bring in Your Old Palms

Please bring last year's palms from Palm Sunday so we may make the ash for this year's Ash Wednesday Mass celebrations. Please place your palms in the baskets in the Church Narthex. The last day to bring in your palms will be Monday, February 12, 2024.

Ash Wednesday – February 14

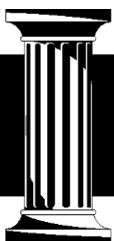
Ash Wednesday is February 14, 2024, and is a day of Fasting and Abstinence from meat. Ash Wednesday marks the beginning of Lent, a season in which the faithful are called to reflect on the Paschal Mystery more intently. It is a time of spiritual renewal and to examine one's relationship with God and others more carefully. It is also a time in which catechumens prepare to receive the Sacraments of Initiation at the Easter Vigil. The Church calls everyone, therefore, to a spirit of penance through prayer, fasting, and almsgiving. Masses will be celebrated at 8:15 AM, 12:00 Noon, and 7:00 PM.



Annual Catholic Appeal

On the weekend of **February 17/18**, we will have the opportunity to offer ourselves as companions to those who suffer emotional, physical, and spiritual poverty. Each of our gifts, no matter the amount, makes a difference in someone's life. Catholic Charities can respond to the greatest needs in our communities. Seminarians receive support as they prepare to serve our local parishes. Catholic schools in economically challenged neighborhoods can provide tuition assistance.

25% of our parish's donations go back to Holy Trinity to assist us in supporting people in need in El Dorado County. Prayerfully consider what you can give this year and help to bring Christ's saving mercy to our brothers and sisters in need. For more information: <https://scd.org/annual-catholic-appeal>



PRAYER

Acting as Christ the Priest, a parish committed to stewardship strives to nourish each person through prayer, strengthening our relationship with the Father, Son, and Holy Spirit and focusing on the Eucharist, the "source and summit of the Christian Life."

Stations of the Cross

The Stations of the Cross will be prayed on Fridays during Lent, beginning at 6:00 PM. The Holy Trinity community is encouraged to come and participate.

What Do We Get From Praying the Stations of the Cross?

The Stations of the Cross continue to be a vital Catholic devotion 1,681 years later and counting, and according to Pope Francis, there are many reasons why praying the Stations of the Cross matters.

They involve us in the story.

"How many people were with Jesus on the way to Calvary: Pilate, Simon of Cyrene, Mary, the women? Sometimes we can be like Pilate, who did not have the courage to go against the tide to save Jesus' life, and instead washed his hands...The Cross of Christ teaches us to be like Simon of Cyrene, who helped Jesus to carry that heavy wood; it teaches us to be like Mary and the other women, who were not afraid to accompany Jesus. Who are you like? Like Pilate? Like Simon? Like Mary?"

They allow us to place our trust in Him.

"The Cross of Christ contains all the love of God, His immeasurable mercy. This is a love in which we can place all our trust, in which we can believe...let us bring to Christ's Cross our joys, our sufferings and our failures. There we will find a Heart that is open to us and understands us, forgives us, loves us, and calls us to bear this love in our lives, to love each person, each brother and sister, with the same love."

They remind us God triumphs over all evil.

"With Him, evil, suffering, and death do not have the last word, because He gives us hope and life: He has transformed the Cross from an instrument of hate, defeat, and death into a sign of love, victory, and life."

They show us how much God loves us.

"It (the Cross) gives us a treasure that no one else can give: the certainty of the unshakable love which God has for us. A love so great that it enters into our sin and forgives it, enters into our suffering and gives us the strength to bear it." St. Paul put it best in his letter to the Romans, "you might sacrifice your life for someone who was good or just. Yet, Christ sacrificed His life while we were sinners for our salvation."
Romans 5:7-8

Jesus led by example and the Stations of the Cross are one of the great many tools for living Jesus leaves for us. By meditating on each of the stations we increase both our sorrow for our sins against God and our need for His help in bearing our own crosses. When we meditate on the Stations of the Cross, we can learn the true meaning of love, perseverance, obedience, humility, and patience.

MASS INTENTIONS

Monday, Feb. 12

8:15 AM Angelita Ragasa, deceased, by Maria

Tuesday, Feb. 13

8:15 AM Heliodoro Morales Mercado, deceased, by Cardin family

Wednesday, Feb. 14

8:15 AM Alfredo Reyes Jr., deceased, by Rowena Pangan

12:00 PM Teodolfo Esplana, deceased, by Nina DeGuzman

7:00 PM Rosemary & Carl Koos, deceased, by Koos family

Thursday, Feb. 15

8:15 AM Sylvia Cardin, deceased, by Cardin family

Friday, Feb. 16

8:15 AM All Souls

Saturday, Feb. 17

5:30 PM Pamela Joyce, deceased, by Peterson family

Sunday, Feb. 18

7:30 AM Eufrazio Quiambao Sr., deceased, by Ed & Liza Abarientos

9:00 AM Laurie Daisey, deceased, by Maureen, Greg, Marla & Mary

11:00 AM Parishioners of Holy Trinity

For DAILY READINGS

Please visit us @ holytrinityparish.org or www.usccb.org/bible/readings/021124.cfm



FORMATION

Acting as Christ the Teacher, a parish committed to stewardship emphasizes, through evangelization and catechesis, the development of households of faith, where our Catholic story as the Body of Christ is lived and shared with one another.

Questions for Faith Sharing Feb. 18 First Sunday of Lent

In next Sunday's Gospel, Mark 1:12-15, we witness Jesus preparing before beginning his public ministry just as we need to repent for the coming of God's reign. We see this not only in the words of Jesus but also in the authorities' decision to arrest John the Baptizer. During his time in the desert, Jesus committed himself to opposing evil in all its forms. God is good and God's love is steadfast. The question is whether we are willing to learn God's ways.

Reflection for families:

- Of what do you need to repent this Lent?

Formed.org



[The Catholic Parent](https://watch.formed.org/the-catholic-parent)

Do you ever feel like it's almost impossible to raise holy kids who love God (and sit still in Mass!) in our modern world? You're not alone. This six-episode series features real Catholic families like yours sharing their daily struggles and victories. Created by the Augustine Institute and Catholic Sprouts, "The Catholic Parent" aims to encourage you as a mom or dad as you embrace your God-given role to form your family in the richness of the Catholic faith.

<https://watch.formed.org/the-catholic-parent>

Pajamas and Pancakes

Wear your coziest attire for our monthly High School Youth Group gathering on Sunday, **February 25** at 6:00 PM in the Youth Center! We'll be serving up fluffy pancakes and of course, faith and fun. Friends are always welcome.

Save the Date – April 13

Holy Trinity School Ministry's annual "I'm In" Gala is **April 13** in the Social Center from 6:00-10:00 PM. Tickets are on sale now for this Mad Hatter themed event. If you are interested in purchasing tickets, becoming a sponsor or making a donation of goods, services, or financial contribution please contact the school ministry office or visit the Gala website through this qr code or at <https://holytrinityeldorado.ejoinme.org/madhattergala>.



Confirmation Groups Update

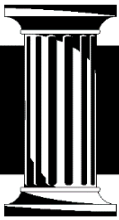
confirmation@holytrinityparish.org
kjones@holytrinityparish.org

St. Sebastian Group:

- Your next Year 2 Combined Session, "Burn," is scheduled for **Sunday, February 25** (10:15-11:45 AM) OR **Tuesday, February 27** (5:45-7:15 PM). Candidates should attend with a parent or sponsor.

St. Teresa of Avila Group:

- All Year 1 candidates must choose a sponsor and have them complete a Sponsor Form. Forms are available on our website.
- Saint Letters and Saint Projects are due in the Faith Formation Office on **April 19**.
- For more information about our Confirmation Program, please contact Kim Jones (kjones@holytrinityparish.org).



SERVICE

Putting into action our commission as Christ the Shepherd, Priest, and Teacher, a parish committed to stewardship serves the many needs of its own parish family, as well as the needs of the larger community and the world.

Stewardship...

"Brothers and sisters, whether you eat or drink, or whatever you do, do everything for the glory of God."
- 1 Corinthians 10:31

Do a quick check of your priorities. Where does God rank in that list? If He's not first, you have some work to do. Putting God first in everything helps us from putting other "gods" (like our pride, ego, money, and possessions) before God. Before making a decision, ask yourself, "Am I doing this for the glory of God or for the glory of me?"

Consider making your gift electronically:

<https://www.holytrinityparish.org/give>.

Join Us for a Lenten Journey taking you deeper into the Eucharist

Please join us for the Eucharistic Revival Bible Study continuing through **March 20** to re-invigorate and strengthen your faith through the Eucharist. This interactive study will invite you to reflect and re-commit your belief in the true presence of Jesus Christ in the Eucharist. Create a Lenten Journey that deeply connects you to the Eucharist.

A Marriage That Heals

A Marriage that Heals – Half Day Retreat on April 20, 2024: The Sacrament of Matrimony reveals and presents God's love to the world in an incredibly beautiful and tangible way. Often our personal wounds and the hurts in marriage make it hard to love and live freely as God intends.

Join us for a half day retreat that will reveal God's plan for your marriage to become the very instrument of your healing and sanctification. At this retreat we will gain a new understanding of our wounds and hurts and how God longs to heal and transform your marriage! For more information and to register:



Stewardship Opportunity

Rectory Housekeeper

Our parish has a long tradition of inviting parishioners to serve our Lord and his church by assisting with the housecleaning of the on-campus parish rectory where our two priests reside. The financial savings enable the parish to apply even more of our gifts of treasure to ministries that serve our Lord's people.

In recent years two parishioners have shared the responsibility of primarily cleaning the priests' bedrooms and, occasionally, the living room and kitchen. We have an immediate opening for a parishioner to serve for a couple of hours once a month. Personal schedules, vacations and holidays can easily be accommodated.

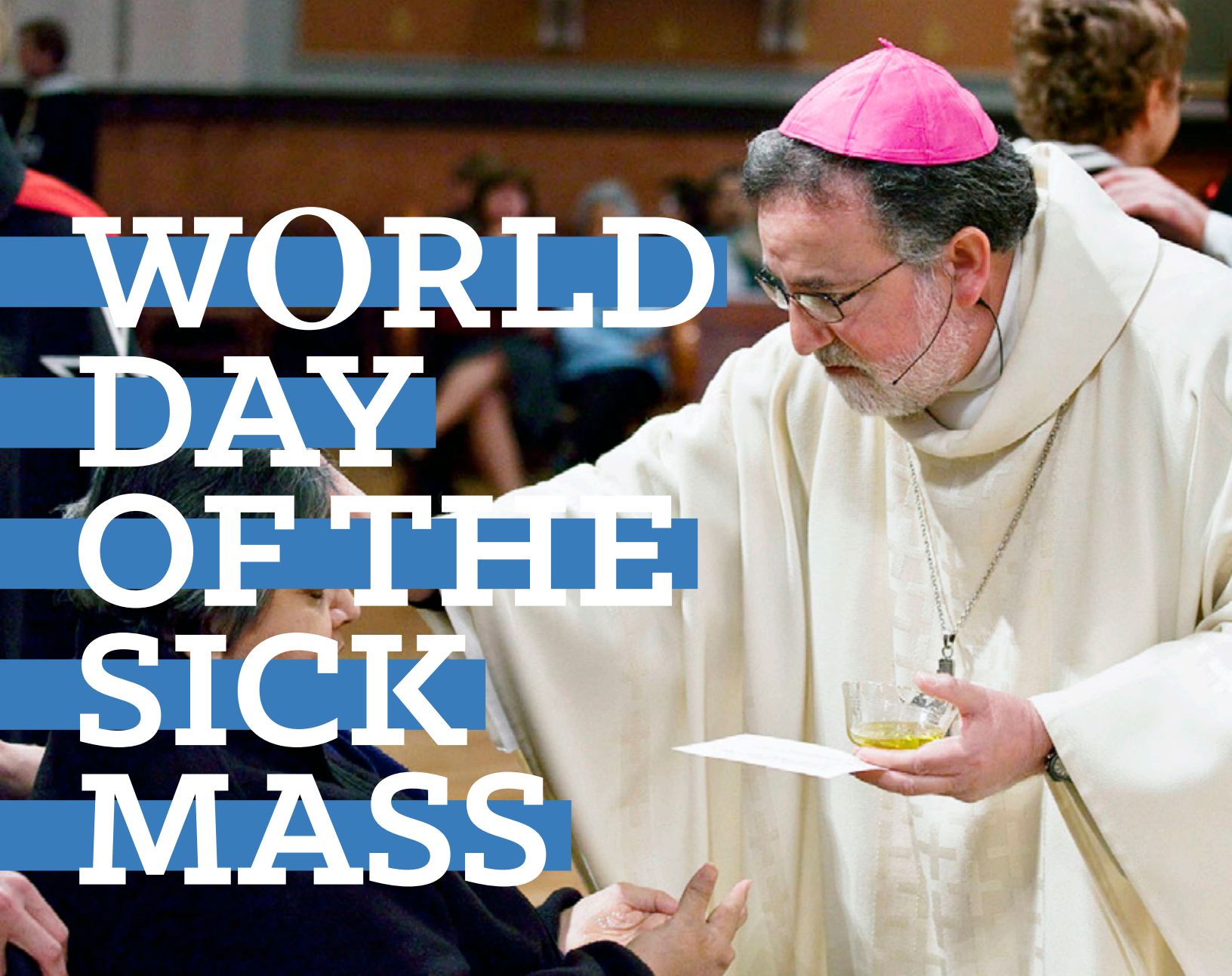
For more information, please contact the parish office at (530) 677-3234 or Father Larry.

Women's Day of Reflection

You are invited to join us as we take part in our annual Women's Day of Reflection at Christ the King Retreat Center.

Taking our inspiration from the Liturgical Rites and Readings of the Season, we will discover anew the deeper meaning of Lent. While the three defining practices of Lent are prayer, fasting and almsgiving, our Retreat Day will explore what motivates these practices as we seek to follow Jesus in all the affairs of our lives, all the time. The practices of Lent are essential to the following of Jesus all the time. Our Retreat Day together will offer time for prayer, Liturgy, study, and large and small gatherings as we dedicate ourselves anew to following Jesus.

The Retreat will be from 9:30 AM to 2:45 PM on Thursday, **March 7, 2024** at Christ the King Retreat Center, and, as in the past, for those interested we will arrange carpools from Holy Trinity parking lot. The cost for the day, including Mass and lunch is \$40, paid in advance. For any questions, contact Barbara Edgar at barbedgar@aol.com or 916-939-3964.



WORLD DAY OF THE SICK MASS

Saturday, February 17, 2024

10:00am Mass with Bishop Jaime Soto

Our Lady of Assumption Parish

5057 Cottage Way, Carmichael, CA 95608

This celebration of the Eucharist will include sacramental Anointing of the Sick, the blessing of caregivers and blessing with water from the shrine in Lourdes.



Sponsored by the Diocese of Sacramento and the Order of Malta.



For questions, contact:

Tony Riehl • 916-733-0274 • triehl@scd.org

  [@diocesesacramento](https://www.instagram.com/diocesesacramento)

Diocese of Sacramento – Lenten Regulations and Observances

Ash Wednesday marks the beginning of Lent, a season where the faithful are called to reflect on the Paschal Mystery, engage in spiritual renewal, and examine one's relationship with God. The Church calls everyone to a spirit of penance through prayer, fasting, and almsgiving.

FASTING AND ABSTINENCE

In order to foster a spirit of repentance and unite ourselves more closely to Christ, Church law requires the observance of Abstinence and Fasting during Lent.

[Abstinence](#)

All persons, 14 years and older, are obliged to abstain from meat on Ash Wednesday and all Fridays of Lent. Other forms of abstinence, for example abstinence from alcoholic beverages, television, video games, the Internet, and social media, are also beneficial.

[Fasting](#)

Everyone from ages 18 to 59 is obliged to fast on Ash Wednesday and Good Friday. Voluntary fasting on other weekdays of Lent, especially on Wednesdays and Fridays, is highly recommended. Fasting is understood to mean that one full meal may be eaten. Two other small meals may be eaten, but together they should not equal a full meal. Eating between meals is not permitted. When health or ability to work are seriously affected, neither the law of fasting nor the law of abstinence obliges. If in doubt, one's parish priest should be consulted.

PRAYER

Catholics are urged to read and pray with sacred Scripture and to deepen their faith by reading the Catechism of the Catholic Church. The faithful are encouraged to participate in penance services and Eucharistic adoration.

[The Sacrament of Reconciliation](#)

The faithful are obliged to confess their grave sins at least once a year. Confession is offered on Saturday's from 4:30-5:15 p.m. and by appointment.

[Lenten Mass Schedule](#)

The faithful are urged to attend Mass on weekdays as often as possible. Daily Masses are prayed at 8:15 a.m. Monday through Friday; and on 1st Saturdays.

[Easter Duty](#)

All Catholics who have been initiated into the Holy Eucharist are bound to receive holy communion worthily at least once during the Easter Season. In the United States, the Easter duty may be fulfilled through the Solemnity of the Most Holy Trinity.

ALMSGIVING

All Catholics are urged to give generously to assist the poor and support the charitable works of the Church, especially through their local parish and the Annual Catholic Appeal. The faithful are also encouraged to visit the sick, the homebound, the aged, and those in prison. Fasting and abstinence together with almsgiving and charitable works unite us to the crucified Christ reflected in the image of our brothers and sisters who suffer.

Congratulations

to our Holy Trinity Parish children on their First Penance!



Lucca Abney, Brayan Aguilar, Isabelle Aguirre, Sutton Barone, Louis Borgatti, Britney Calderon, Kayleigh Carino, Brooklyn Charles, Eleanor Cronin, Taven Dela Fuente, Teresa Dover, Bellina Fish, Emma Frandsen, Asher Fuller Smiley, Jacqueline Gaffey, Stirling George, Kylie Hillman, Mia Hillman, Bennett Heuser, Santino Winston Jackson, Matilda Jaro, Cristian Jawin-Arroela, Isabella Jones, Natalie Jones, Wesley Jones, Amber Kemie, Francis Kemie, Layla Kemie, Keira Lane, Vincenzo Leone, Hudson Merlo, Davide Pacheco-Amerine, Giuliana Pizzifferro, Nicolas Ramirez, Jace Renner, Sabrina Rexroat, Savannah Rexroat, William Rizzo, Gavin Silva, Maddison Silva, Genevieve Strauch, Jaxson Subia, Borgy Tabangcura, Sage Terapak, Isabella Tjiong, Sawyer Young, Aksel Ward, Evelyn Wagner



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