

MASS SCHEDULE

SATURDAY VIGIL MASS	5:30 PM
IN CHURCH	
FIRST SATURDAY MASS	8:15 AM
SUNDAY MASS	
IN CHURCH	7:30 AM
IN CHURCH & LIVESTREAM	9:00 AM
IN CHURCH	11:00 AM
MONDAY – FRIDAY MASS	8:15 AM
IN CHURCH	
SACRAMENT OF PENANCE	
SATURDAY 4:30–5:15 PM OR BY APPOINTMENT	
ADORATION OF THE BLESSED SACRAMENT	

Fr. Lawrence J. Beck*

Pastor

Fr. Marcel Emeh*

Parochial Vicar

Dan Haverty*

Jim Hopp*

Deacons

Jeremy Youngers*

Parish Life Director

Susie Calise

School Ministry Bookkeeper

Gary Coan

Facilities Manager

Kim Koos

Administrative Assistant

Diane Marshall

Parish Bookkeeper

Cynthia Mulcaire*

Director of Faith Formation

Denise Remick*

School Ministry Principal

Rob Sabino

Director of Music Ministries

July 9, 2023~Fourteenth Sunday in Ordinary Time

Please read our bulletin and visit our website for updated information:

www.holytrinityparish.org

Church hours: Sun. 7:30 AM-1 PM; Sat. 8 AM-6:30 PM; Mon.-Fri. 8 AM-4 PM

Parish Office hours: Monday-Friday 8:45 AM-4 PM

Upcoming Events:

Jul. 1-16 **Respect Life Community Baby Shower**

Jul. 10-14 **Vacation Bible School**

Holy Trinity Parish • 3111 Tierra de Dios Drive • El Dorado Hills, CA 95762-8008

email: holytrinity@holytrinityparish.org • web: holytrinityparish.org

phone: (530) 677-3234 • fax: (530) 350-4080 • For emergencies, call (530) 677-3234, press 6



HOSPITALITY

Acting as Christ the Shepherd, a parish committed to stewardship is a true community of faith that welcomes, honors, and involves every person in the life and work of the Church, acknowledging the blessing of our richly different backgrounds and experiences.

Preparation for the Reception of

Holy Communion at Mass: Liturgy is communal and therefore requires a sacrificial gift of ourselves to worship together as the Body of Christ. Apart from the liturgy, there are many opportunities to express one's own preferences.

As we have pointed out in the previous articles the liturgy is communal and therefore requires a sacrificial gift of ourselves to worship together as the Body of Christ. As such, the General Instruction of the Roman Missal (GIRM) teaches us that the celebration of the Mass, as the action of Christ and the People of God, is the center of the whole Christian life for the Church and all her people. We are called to conscious, active, and full participation in the Mass. (GIRM, # 16, 18) This article is to remind us that, since Christ is truly, really, and substantially present in the Eucharist when we receive Holy Communion, we should be properly prepared to receive Christ's Body and Blood. (GIRM, Pt. 1, # 8)

The Catechism of the Catholic Church (CCC) states that, "The Eucharist is the heart and summit of the Church's life... (therefore) anyone who desires to receive Christ in Eucharistic communion must be in a state of grace. Anyone aware of having sinned mortally must not receive communion without having received absolution in the sacrament of penance." (CCC, #1415)

As Catholics, we fully participate in the celebration of the Eucharist when we receive Holy Communion. We are encouraged to receive Communion devoutly and frequently. In order to be properly disposed to receive Communion, participants should not be conscious of grave sin and should have fasted for one hour. A person who is conscious of grave sin is not to receive the Body and Blood of the Lord without prior sacramental confession except for a grave reason where there is no opportunity for confession. In this case, the person is to be mindful of the obligation to make an act of perfect contrition, including the intention of confessing as soon as possible (canon 916). A frequent reception of the Sacrament of Penance is encouraged.

More information may be found at: United States Conference of Catholic Bishops (USCCB) <https://www.usccb.org/prayer-and-worship/the-mass/order-of-mass/liturgy-of-the-eucharist/the-reception-of-holy-communion-at-mass>

Proper Posture for Receiving Holy Communion

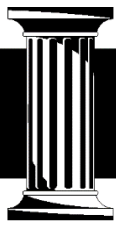
This article discusses our posture when we receive Communion as we come forward in a continuous procession. The General Instruction of the Roman Missal (GIRM) informs us on the correct posture to receive Holy Communion and it states "*...that Holy Communion is to be received standing, unless an individual member of the faithful wishes to receive Communion while kneeling...*" And, "*...the communicant bows his or her head before the sacrament as a gesture of reverence before receiving the Body of the Lord...The consecrated host may be received on the tongue or in the hand, at the discretion of each communicant.*" (# 160).

When Communion is received in the hand, the hands should be clean. The host will then be laid in the palm of the one hand and then taken by the other hand to the mouth. It is not appropriate to reach out with your fingers and take the host from the minister distributing.

As soon as the communicant receives the host, he or she consumes it immediately. (# 161)

The minister distributing Communion says audibly to each person approaching, "*The Body of Christ.*" This is a proclamation which calls for a response of faith on the part of the one who receives. The communicant responds audibly, "*Amen,*" indicating their belief that they are receiving the Body and Blood of Christ, the Lord.

When one receives from the chalice, the minister proclaims, "*The Blood of Christ*" and the communicant again responds, "*Amen.*" It is never permissible for a person to dip the host he or she has received into the chalice. If, for some reason, the communicant is not able or willing to drink from the cup then that person should receive the Body of Christ. After receiving the Body and Blood of the Lord, it is appropriate to spend time in silent meditation and prayer in your pew.



PRAYER

Acting as Christ the Priest, a parish committed to stewardship strives to nourish each person through prayer, strengthening our relationship with the Father, Son, and Holy Spirit and focusing on the Eucharist, the "source and summit of the Christian Life."

Saturday Confessions

Please note there will often only be one priest available to hear Confessions on Saturday afternoons prior to the Vigil Mass. Confessions need to conclude by 5:20 PM on those days. Parishioners are welcome to contact the parish office to schedule a time during the week to meet with Fr. Marcel.

Altar Server Ministry to Families



We are expanding our Altar Server Ministry to include families. Moms and Dads are encouraged to serve at the Altar during weekend Masses with your son or daughter. Deacon Dan is anxious to help you learn the various movements and tasks of Altar Serving. Training takes two or three one-hour sessions with Deacon Dan. Please contact him directly at 916-517-6558 or Shannon Merlo at 916-769-4038.

Holy Trinity Men's Ministry

Holy Trinity Men's Ministry gathers every 3rd Wednesday at 6:30 PM for food, fellowship, and conversation in the Social Center. All men are welcome to join. Please contact Jeremy Youngers at jeremy@holytrinityparish.org with any questions.



MASS INTENTIONS

Monday, Jul. 10

8:15 AM Lawrence E. Beck, deceased, by Fr. Larry Beck

Tuesday, Jul. 11

8:15 AM Ken Freeman Sr., deceased, by Bev Freeman

Wednesday, Jul. 12

8:15 AM Liturgy of the Word

Thursday, Jul. 13

8:15 AM All Souls

Friday, Jul. 14

8:15 AM Eleanor Gisler, deceased, by Joan Ferrero

Saturday, Jul. 15

5:30 PM Maria Young, deceased, by Tere Eppley

Sunday, Jul. 16

7:30 AM John Rich Sr., deceased, by Pam Rich & family
9:00 AM Salvador De Los Santos, deceased, by his daughters and wife
11:00 AM Parishioners of Holy Trinity

For DAILY READINGS

Please visit us @ holytrinityparish.org or www.usccb.org/bible/readings/070923.cfm

Spiritual Support for Families

If you or a family member need an Anointing of the Sick, please call the parish office. After hours, follow the prompts to be connected directly to a priest: 530-677-3234.

Wednesdays - Liturgy of the Word

Please note we will provide Liturgies of the Word only with one of our deacons on Wednesdays through August 2.



FORMATION

Acting as Christ the Teacher, a parish committed to stewardship emphasizes, through evangelization and catechesis, the development of households of faith, where our Catholic story as the Body of Christ is lived and shared with one another.

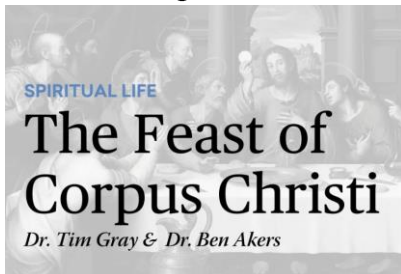
Questions for Faith Sharing July 16 Fifteenth Sunday in Ordinary Time

In next Sunday's Gospel, Matthew 13:1-23, Jesus compares God's Word to seeds. Parables feature prominently in the Gospel readings of the next several Sundays. These short, concrete stories use images from daily life to help explain the deeper realities of the good news. The seeds Matthew speaks of this week are tiny things that grow into something greater than themselves. Under the right conditions, a small beginning yields a rich harvest.

Reflection for families:

- When in your life did you start with faith the size of a seed and eventually it deepened and grew?

Formed.org



Join Dr. Tim Gray and Dr. Ben Akers for a conversation on the centrality of the Eucharist in our lives and the great Feast of Corpus Christi.

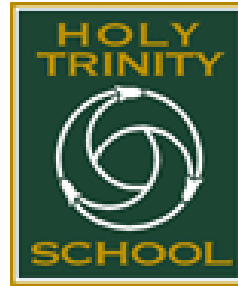
FORMED.org is free to all parishioners! Simply go through our parish website. Under "Learn" you can set up your free account. Click "Sign up as a parishioner." www.holytrinityparish.org/formed

Registration for Faith Formation and Sacrament Preparation (2023-2024)

Faith Formation / Sacrament Preparation registration for next year is on-going BY APPOINTMENT. Please call 530-677-3234 option 5.

Faith Formation Office

Please note the Faith Formation Office will be closed through July 21, 2023 for summer vacations.



School Ministry Registration Open:

Holy Trinity School Ministry registration is now open for the 2023-24 school year. The school enrolls students in grades TK-8. We offer an excellent academic education filled with religious virtues. Please call the school office at 530-677-3591 for a private tour and/or more registration information.

Confirmation Groups Update

confirmation@holytrinityparish.org

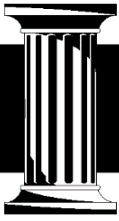
kjones@holytrinityparish.org

St. Robert Bellarmine Group:

- Sponsor Forms, Certificate Forms and Confirmation Service Logs were due May 12. Please turn them in or contact us if you need help.
- Your next Combined Session will be early next fall. The link to sign up will be emailed to you.
- Confirmation Weekend is October 14-15. Candidates and sponsors must attend the Morning of Reflection October 14 (9:00 AM-12:00 PM) and the Confirmation Mass will begin at 1:30 PM on October 15.

St. Sebastian Group:

- Saint Letters AND Saint Projects were due on April 21. Please turn them in to the Faith Formation Office as soon as possible or call if you need help.
- Your next activity is a brief Candidate Zoom Discernment Interview over the summer. The link to sign up will be emailed to you.
- If you are interested in joining our Confirmation program, please contact Kim Jones for more information: kjones@holytrinityparish.org.



SERVICE

Putting into action our commission as Christ the Shepherd, Priest, and Teacher, a parish committed to stewardship serves the many needs of its own parish family, as well as the needs of the larger community and the world.

Stewardship...

"For my yoke is easy, and my burden light."

Matthew 11:30

When we think of being good stewards, we may think that God is asking too much of us when He calls us to generously share our time, talent and treasure. However, we must remember that we are not "owners" of anything, we are merely "stewards" of the gifts God has given us. All He is asking is that we give back a small portion, in gratitude, of what He has already given to us.

Consider making your gift electronically:

<https://www.holytrinityparish.org/give>.

Fr. Larry's Annual Vacation

Fr. Larry is on his annual vacation and will return to the parish in early August. During his absence we welcome our Pastor Emeritus, Msgr. Kidder and Fr. Steve Avella who will assist us on weekends along with Fr. Marcel.

Interested in Volunteering?

Volunteers are always needed here at Holy Trinity. We offer a wide range of ministries that serve our parish and the greater community. For more information on the many different ways you can get involved, please contact the Parish Office at 530-677-3234 or holytrinity@holytrinityparish.org.



Holy Trinity's Respect Life Ministry

The Respect Life Ministry is hosting a Community Baby Shower for "Mommies to 'Bee'".

This shower will benefit Pregnancy Counseling Services in Placerville and takes place:

July 1 & 2, 8 & 9, 15 & 16

How can I participate in *Mommies to 'Bee'*?

Simply visit the *Mommies to 'Bee'* display in the Narthex after Mass on July 1 & 2, 8 & 9, 15 & 16 and pick a bee containing a list of baby items needed for the PCS baby store. Please bring the donated baby items and place them in the binet next to the display before July 17, 2023.

School Ministry News

Our Holy Trinity School 6th Grade students completed their Service Project where they went to Oakmont Senior Memory Care Facility and read 2 paragraphs that they had prepared regarding what they wanted to be when they grew up. They also did a craft with the residents while talking and engaging with them. We are so proud of them and how they represented our school. Please see pictures below:



ST. IMELDA LAMBERTINI



St. Imelda Lambertini was born to a rich and noble family in Bologna, Italy, 1322. Her parents were very devout Catholics that raised Imelda to love the faith. At the young age of five the small girl requested to receive the Eucharist. Four years later Imelda went to live with the Dominican nuns at Val di pietra, near Bologna, where she could immerse herself more fully in her love for Christ and be trained to receive the blessed sacrament. She would sometimes ask full heartedly, "Tell me, can anyone receive Jesus into his heart and not die? "

May 12, 1333, Imelda died but not without accomplishing her dream. It was the vigil of the Assumption and Imelda stopped to pray in the chapel after other children received their communion, Imelda felt unsatisfied with the sacrament. She sat and prayed during adoration. The Eucharist began to float over the young girl's head, priests and nuns were in awe with such a miracle as this. The priest gave this miraculous eucharist to Imelda and she stayed in the Church to pray.

Later that evening a nun came to get Imelda for supper upon her arrival at the chapel she found Imelda dead for her heart broke at receiving the sacrament.

Let us pray: *Dear Lord, thank You for giving us Blessed Imelda as an example of holiness. Help us to love You as she did in her devotion to the Eucharist. Blessed Imelda, you hoped to receive Jesus in the Eucharist from the time you were a very young child, Pray for us.*

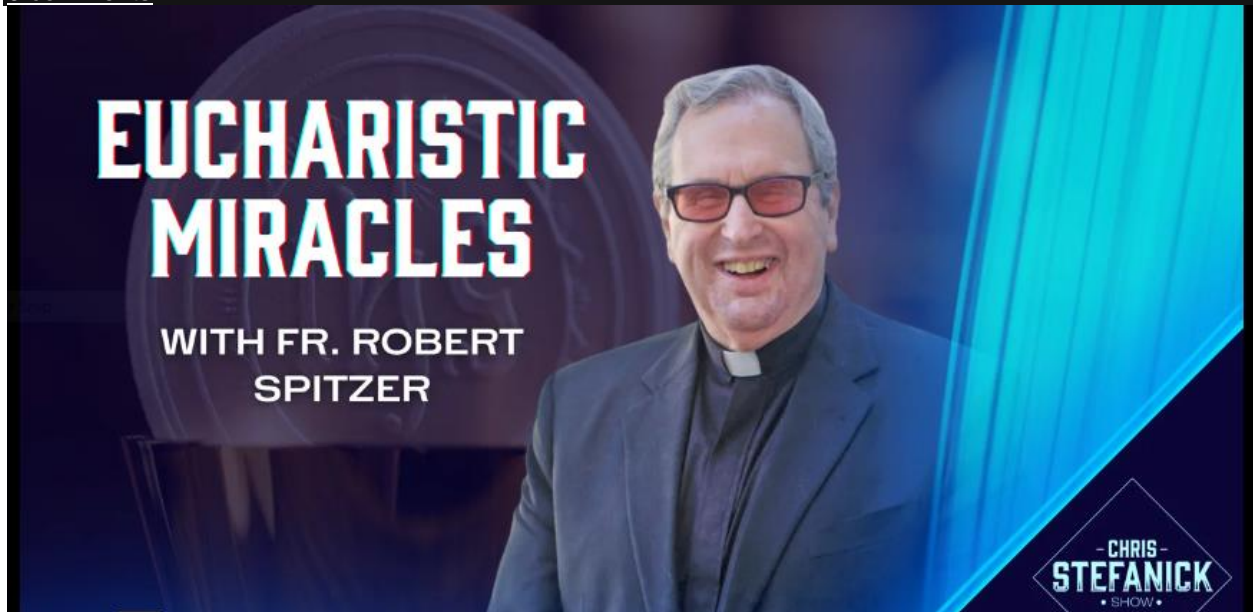
Written by Mary Elizabeth Conner
Information provided by Catholic.org



The INCREDIBLE Eucharistic Miracles w/Fr. Robert Spitzer | Chris Stefanick Show

[Chris Stefanick Show](#) • 35m

9 comments



The Eucharist is one of the greatest signs of Christ's love for us; not only did he want to be with us for 33 years and save us from our sins, but he also wanted to be united with us after his ascension in a radical way.

Did you know there are miracles that back up the true presence of the Eucharist? It's true! And I brought Fr. Robert Spitzer back to tell us about the incredible science behind them.

You'll also get a primer on the metaphysics of the Eucharist, what "transubstantiation" means and the incredible stories of several Eucharistic miracles! Hearing Fr. Spitzer talk about these topics was incredibly helpful for my Faith, and I hope it will be so for you, as well.

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