

PARISH LIFE

A Weekly Publication for Parishioners & Friends of Holy Trinity Parish



MASS SCHEDULE

SATURDAY VIGIL MASS	5:30 PM
IN CHURCH	
FIRST SATURDAY MASS	8:15 AM
SUNDAY MASS	
IN CHURCH	7:30 AM
IN CHURCH & LIVESTREAM	9:00 AM
IN CHURCH	11:00 AM
MONDAY – FRIDAY MASS	8:15 AM
IN CHURCH	
SACRAMENT OF PENANCE	
SATURDAY 4:30–5:15 PM OR BY APPOINTMENT	
ADORATION OF THE BLESSED SACRAMENT	
EVERY THURSDAY 9:00 AM–5:00 PM	

Fr. Lawrence J. Beck*
Pastor

Fr. Marcel Emeh*
Parochial Vicar

Dan Haverty*
Jim Hopp*
Deacons

Jeremy Youngers*
Parish Life Director

Susie Calise
School Ministry Bookkeeper

Bevyn Cassidy
Communications Coordinator

Gary Coan
Facilities Manager

Kim Koos
Administrative Assistant

Diane Marshall
Parish Bookkeeper

Cynthia Mulcaire*
Director of Faith Formation

Denise Remick*
School Ministry Principal

Rob Sabino
Director of Music Ministries

* Member of Senior Leadership Team

OUR PURPOSE:

To proclaim the Gospel so that all
will be one in Christ for the glory of God.

OUR VISION:

Holy Trinity Parish is a Catholic community
forming missionary disciples
who live as stewards committed to
hospitality, prayer, formation and service.

February 4, 2024 ~ 5th Sunday in Ordinary Time

Please read our bulletin and visit our website for updated information:
www.holytrinityparish.org

Church hours: Sun. 7:30 AM-1 PM; Sat. 8 AM-6:30 PM; Mon.-Fri. 8 AM-4 PM

Parish Office hours: Monday-Friday 8:45 AM-4:00 PM

Upcoming Events:

Feb. 10	St. Sebastian (Year 2) Confirmation Group Retreat
Feb. 14	Ash Wednesday Mass & Distribution of Ashes 8:15 AM, Noon & 7:00 PM
Feb. 16	Stations of the Cross 6:00 PM
Feb. 17/18	Annual Catholic Appeal
Feb. 23	Divine Mercy Stations of the Cross & Free Soup Supper 6:00 PM
Feb. 25	High School Youth Group 6:00 PM
Feb. 25 OR 27	St. Sebastian (Year 2) Confirmation Group Session
Mar. 1	Stations of the Cross 6:00 PM
Mar. 8	Stations of the Cross 6:00 PM
Mar. 9	Spirit of Benny 10K/5K Fun Run & Walk
Mar. 9/10	2 nd Collection – Catholic Relief Services
Mar. 15	Stations of the Cross 6:00 PM
Mar. 22	Stations of the Cross 6:00 PM
Apr. 13	Holy Trinity School Ministry's "I'm In" Gala
Apr. 20	Marriage Ministry – Half Day Retreat



HOSPITALITY

Acting as Christ the Shepherd, a parish committed to stewardship is a true community of faith that welcomes, honors, and involves every person in the life and work of the Church, acknowledging the blessing of our richly different backgrounds and experiences.

Divine Mercy Stations of the Cross & Free Soup Supper

Holy Trinity's Divine Mercy Prayer Ministry invites all parishioners to participate in the Divine Mercy Stations of the Cross and Soup Supper on Friday, **February 23, 2024** beginning at 6:00 PM.

The evening will include the recitation of the Divine Mercy Chaplet and the Shorter Stations of the Cross followed by a free meatless soup supper in the view room. Please join us.

Jesus asked St Faustina to say the Stations of the Cross every day at 3 o'clock if her duties permitted it (Diary 1572). This practice pairs well with Adoration of the Blessed Sacrament and we have made available prayer cards in the back of church for this purpose.

Lenten Retreat in Vacaville

Consider visiting Fr. Pepin and participating in the Lenten Parish Mission at St. Joseph Church in Vacaville led by Dr. John Bergsma:

- Date and time: Friday, February 16, 2024 6:30 PM – Saturday, February 17, 2024 12:30 PM
- Talk #1 - Mass Conversion: How I Discovered the Eucharist and the Catholic Church
- Talk #2 - Confession as Spiritual Warfare: My Protestant Journey to Confession and Its Importance for Lent
- Talk #3 Science and Faith: How Modern Discoveries Provide Evidence of a Supernatural Mind
- Talk #4 Can I Be Holy? A Personal Plan for Lent
- Talk # 5 God's Plan for the Family: Family Habits for Happiness Now and Eternally
- Location: 1791 Marshall Road
Vacaville, CA 95687

Bring in Your Old Palms

Please bring last year's palms from Palm Sunday so we may make the ash for this year's Ash Wednesday Mass celebrations. Please place your palms in the baskets in the Church Narthex. The last day to bring in your palms will be Monday, February 12, 2024.

Ash Wednesday – February 14

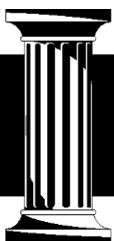
Ash Wednesday is February 14, 2024, and is a day of Fasting and Abstinence from meat. Ash Wednesday marks the beginning of Lent, a season in which the faithful are called to reflect on the Paschal Mystery more intently. It is a time of spiritual renewal and to examine one's relationship with God and others more carefully. It is also a time in which catechumens prepare to receive the Sacraments of Initiation at the Easter Vigil. The Church calls everyone, therefore, to a spirit of penance through prayer, fasting, and almsgiving. Masses will be celebrated at 8:15 AM, 12:00 Noon, and 7:00 PM.



Annual Catholic Appeal

On the weekend of **February 17/18**, we will have the opportunity to offer ourselves as companions to those who suffer emotional, physical, and spiritual poverty. Each of our gifts, no matter the amount, makes a difference in someone's life. Catholic Charities can respond to the greatest needs in our communities. Seminarians receive support as they prepare to serve our local parishes. Catholic schools in economically challenged neighborhoods can provide tuition assistance.

25% of our parish's donations go back to Holy Trinity to assist us in supporting people in need in El Dorado County. Prayerfully consider what you can give this year and help to bring Christ's saving mercy to our brothers and sisters in need. For more information: <https://scd.org/annual-catholic-appeal>



PRAYER

Acting as Christ the Priest, a parish committed to stewardship strives to nourish each person through prayer, strengthening our relationship with the Father, Son, and Holy Spirit and focusing on the Eucharist, the "source and summit of the Christian Life."

Stations of the Cross

The Stations of the Cross will be prayed on Fridays during Lent, beginning at 6:00 PM. The Holy Trinity community is encouraged to come and participate.

What Do We Get From Praying the Stations of the Cross?

The Stations of the Cross continue to be a vital Catholic devotion 1,681 years later and counting, and according to Pope Francis, there are many reasons why praying the Stations of the Cross matters.

They involve us in the story.

"How many people were with Jesus on the way to Calvary: Pilate, Simon of Cyrene, Mary, the women? Sometimes we can be like Pilate, who did not have the courage to go against the tide to save Jesus' life, and instead washed his hands...The Cross of Christ teaches us to be like Simon of Cyrene, who helped Jesus to carry that heavy wood; it teaches us to be like Mary and the other women, who were not afraid to accompany Jesus. Who are you like? Like Pilate? Like Simon? Like Mary?"

They allow us to place our trust in Him.

"The Cross of Christ contains all the love of God, His immeasurable mercy. This is a love in which we can place all our trust, in which we can believe...let us bring to Christ's Cross our joys, our sufferings and our failures. There we will find a Heart that is open to us and understands us, forgives us, loves us, and calls us to bear this love in our lives, to love each person, each brother and sister, with the same love."

They remind us God triumphs over all evil.

"With Him, evil, suffering, and death do not have the last word, because He gives us hope and life: He has transformed the Cross from an instrument of hate, defeat, and death into a sign of love, victory, and life."

They show us how much God loves us.

"It (the Cross) gives us a treasure that no one else can give: the certainty of the unshakable love which God has for us. A love so great that it enters into our sin and forgives it, enters into our suffering and gives us the strength to bear it." St. Paul put it best in his letter to the Romans, "you might sacrifice your life for someone who was good or just. Yet, Christ sacrificed His life while we were sinners for our salvation."
Romans 5:7-8

Jesus led by example and the Stations of the Cross are one of the great many tools for living Jesus leaves for us. By meditating on each of the stations we increase both our sorrow for our sins against God and our need for His help in bearing our own crosses. When we meditate on the Stations of the Cross, we can learn the true meaning of love, perseverance, obedience, humility, and patience.

MASS INTENTIONS

Monday, Feb. 5

8:15 AM Art & Cecele Steiner, deceased, by Richard & Kristina Clinton

Tuesday, Feb. 6

8:15 AM Patrick Swift, deceased, by Marla Swift

Wednesday, Feb. 7

8:15 AM Thomas Kinsella, deceased, by Youngers family

Thursday, Feb. 8

8:15 AM All Souls

Friday, Feb. 9

8:15 AM Luciano Maggay, deceased, by De Guzman family

Saturday, Feb. 10

5:30 PM Ron Retz, deceased, by Retz family

Sunday, Feb. 11

7:30 AM James H. Antonini Jr., deceased, by American Mahjongg Club

9:00 AM George & Lorraine Wylot, deceased, by Maureen, Marla, Greg & Mary

11:00 AM Parishioners of Holy Trinity

For DAILY READINGS

Please visit us @ holytrinityparish.org or www.usccb.org/bible/readings/020424.cfm

Spiritual Support for Families

If you or a family member need an Anointing of the Sick, please call the parish office. After hours, follow the prompts to be connected directly to a priest: 530-677-3234.



FORMATION

Acting as Christ the Teacher, a parish committed to stewardship emphasizes, through evangelization and catechesis, the development of households of faith, where our Catholic story as the Body of Christ is lived and shared with one another.

Questions for Faith Sharing Feb. 11 6th Sunday in Ordinary Time

In next Sunday's Gospel, Mark 1:40-45, Jesus tells the cleansed leper to "say nothing to anyone," but to show himself to the priest and, "as a testimony," to follow the law's prescription for a purification. By committing the leper to silence, Jesus is clearly seeking to contain testimony about his own identity. He would prefer that the testimony be about the coming of God's reign (Mark 1:15). Jesus is focused on making the work of God known rather than making himself known.

Reflection for families:

- Who in your community might feel outcast or lonely because of a physical disability or mental illness? What can you do to make them feel valued?

Formed.org



[The Catholic Parent](https://watch.formed.org/the-catholic-parent)

Do you ever feel like it's almost impossible to raise holy kids who love God (and sit still in Mass!) in our modern world? You're not alone. This six-episode series features real Catholic families like yours sharing their daily struggles and victories. Created by the Augustine Institute and Catholic Sprouts, "The Catholic Parent" aims to encourage you as a mom or dad as you embrace your God-given role to form your family in the richness of the Catholic faith.

<https://watch.formed.org/the-catholic-parent>

Save the Date – April 13

Holy Trinity School Ministry's annual "I'm In" Gala is **April 13** in the Social Center from 6:00-10:00 PM. Tickets are on sale now for this Mad Hatter themed event. If you are interested in purchasing tickets, becoming a sponsor or making a donation of goods, services, or financial contribution please contact the school ministry office or visit the Gala website through this qr code or at <https://holytrinityeldorado.ejoinme.org/madhattergala>.



Confirmation Groups Update

confirmation@holytrinityparish.org

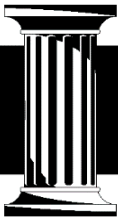
kjones@holytrinityparish.org

St. Sebastian Group:

- Your next event is the Confirmation Retreat for candidates only at Holy Trinity on **Saturday, February 10**. Please turn in your permission slip as soon as possible.
- Your next Year 2 Combined Session, "Burn," is scheduled for **Sunday, February 25** (10:15-11:45 AM) OR **Tuesday, February 27** (5:45-7:15 PM). Candidates should attend with a parent or sponsor.

St. Teresa of Avila Group:

- All Year 1 candidates must choose a sponsor and have them complete a Sponsor Form. Forms are available on our website.
- Saint Letters and Saint Projects are due in the Faith Formation Office on **April 19**.
- For more information about our Confirmation Program, please contact Kim Jones (kjones@holytrinityparish.org).



SERVICE

Putting into action our commission as Christ the Shepherd, Priest, and Teacher, a parish committed to stewardship serves the many needs of its own parish family, as well as the needs of the larger community and the world.

Stewardship...

"Rising very early before dawn, he left and went off to a deserted place, where he prayed...He told them, 'Let us go on to the nearby villages that I may preach there also. For this purpose have I come.'"
- Mark 1:35, 38

In today's Gospel reading we see a perfect example of stewardship. Jesus gives His time to do all that God wishes - healing the sick and preaching. But before He begins, Jesus takes time to be alone with God in prayer. It is through prayer, spending time with God, that we are given the graces needed to do what He wishes us to do. Praying before acting is a great habit to develop.

Consider making your gift electronically:

<https://www.holytrinityparish.org/give>.

Stewardship Opportunity

Rectory Housekeeper

Our parish has a long tradition of inviting parishioners to serve our Lord and his church by assisting with the housecleaning of the on-campus parish rectory where our two priests reside. The financial savings enable the parish to apply even more of our gifts of treasure to ministries that serve our Lord's people.


In recent years two parishioners have shared the responsibility of primarily cleaning the priests' bedrooms and, occasionally, the living room and kitchen. We have an immediate opening for a parishioner to serve for a couple of hours once a month. Personal schedules, vacations and holidays can easily be accommodated.

For more information, please contact the parish office at (530) 677-3234 or Father Larry.

A Marriage That Heals

A Marriage that Heals – Half Day Retreat on April 20, 2024: The Sacrament of Matrimony reveals and presents God's love to the world in an incredibly beautiful and tangible way. Often our personal wounds and the hurts in marriage make it hard to love and live freely as God intends.

Join us for a half day retreat that will reveal God's plan for your marriage to become the very instrument of your healing and sanctification. At this retreat we will gain a new understanding of our wounds and hurts and how God longs to heal and transform your marriage! For more information and to register:



JESUS AND THE EUCHARIST

WEEKLY STUDY CONTINUES THROUGH MARCH 20


WEDNESDAY MORNINGS:
9:00-11:00 A.M.
IN THE VIEW ROOM

Each session is full of rich theological content, powerful testimonies, and unique and timely messages.

WEDNESDAY EVENINGS:
6:30-8:30 P.M.
IN THE MEDIA CENTER

This is a great opportunity to dive more deeply into the richness of our Catholic faith.

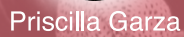
PLEASE VISIT THE PARISH WEBSITE FOR OUTLINE OF STUDY

 **Sign Up at:**
[holytrinityparish.org/eucharistic-revival](https://www.holytrinityparish.org/eucharistic-revival)

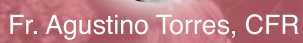


SATURDAY | MARCH 9, 2024

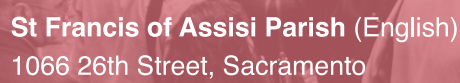
2:00-6:00pm

A woman with blonde hair, wearing a dark jacket, is shown in profile, speaking into a microphone. The background is a solid dark red color. The text "Music Food Speakers Mass" is overlaid in white, bold, sans-serif font on the right side of the image.

**Music
Food
Speakers
Mass**



Three Simultaneous Events in Sacramento



6:00-7:00pm

Procession to the Cathedral of the Blessed Sacrament

1019 11th St, Sacramento



7:00-9:00pm

Night Fever

Eucharist Adoration Confessions

I am the living bread that came down from heaven; whoever eats this bread will live forever; and the bread that I will give is my flesh for the life of the world. I John 6:51

“The real presence of the Lord Jesus in the Eucharist is the source and summit of human life. The Eucharist brings the real presence of Jesus into our lives so that our lives may bring the real presence of Jesus into the world around us... In this way, we become what we receive.”

- Bishop Jaime Soto | 2023 Corpus Christi Message



TUESDAY - FRIDAY | MAY 21 - 24, 2024



May 22

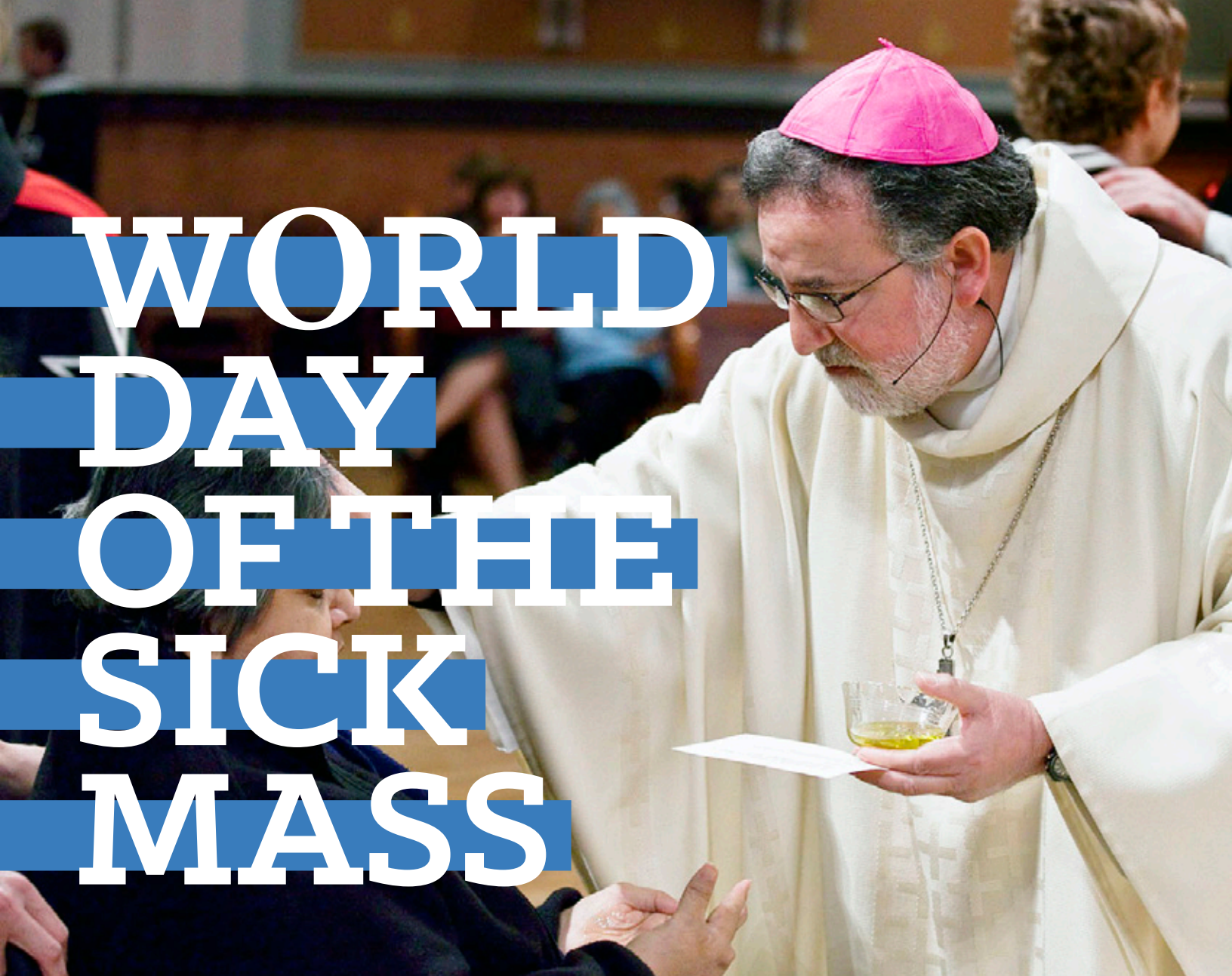
May 24

May 23



For more information on diocesan and national Eucharistic Revival,

visit us at www.scd.org/celebrate



WORLD DAY OF THE SICK MASS

Saturday, February 17, 2024

10:00am Mass with Bishop Jaime Soto

Our Lady of Assumption Parish

5057 Cottage Way, Carmichael, CA 95608

This celebration of the Eucharist will include sacramental Anointing of the Sick, the blessing of caregivers and blessing with water from the shrine in Lourdes.



Sponsored by the Diocese of Sacramento and the Order of Malta.



For questions, contact:

Tony Riehl • 916-733-0274 • triehl@scd.org

  [@diocesesacramento](https://www.instagram.com/diocesesacramento)



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