

What is Alpha?

Alpha is an opportunity to explore life and Christian faith in a friendly, open and informal environment. It's a ten-week course run in churches, coffee shops, prisons and homes worldwide.

Essentially, Alpha is a place to explore life's biggest questions.

Alpha creates an environment of hospitality, where people who might not call themselves Christians can discover and develop a relationship with Jesus. But Alpha is also for Christians who want to deepen their relationship with Christ too.

No two Alphas look the same, but they generally have three key things in common: food, an Alpha talk and good conversation.

Each talk looks at a different question about Christianity and is designed to facilitate discussion – a discussion where there are no “right or wrong answers” but instead just a time to share different viewpoints.



Alpha at Holy Trinity

Tuesday mornings, 9 - 10:30 AM, from February 12 through April 16 (10 sessions)
Wednesday evenings, 6:30 - 8 PM, from February 6 through April 10 (10 sessions)

Sign up at www.HolyTrinityParish.org/alpha





“Alpha is one of the best things happening in the Church today. For so many parishes, there is no event or program that we can be free to invite people to. But Alpha for Catholics gives us the chance to be the kind of missionary disciples that God has called us all to be. If any parish is looking for a place to be welcoming and engaging, they must offer Alpha for Catholics.”

Father Mike Schmitz,

Roman Catholic Diocese of Duluth, MN



“I especially appreciate the ecumenical spirit of Alpha: there is no pressure on anybody to join a different denomination, but just to join Jesus.”

Father Raniero Cantalamessa,

Preacher to the Papal Household



“Over the years, I have come to appreciate the profound effects that Alpha has had on so many people. Alpha provides a warm, welcoming environment where people can grapple with the deep questions of life: where do I come from; what difference can I make; where am I going; how can I find my purpose and meaning for my life, etc. Since these questions are human questions, all people are welcomed.”

Bishop Eduardo Nevares,

Roman Catholic Diocese of Phoenix, AZ

